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Mark your calendar! 47th Annual Internal Medicine Conference: March 15-17, 2023

Charlotte AHEC and The Department of Medicine of the
University of North Carolina at Chapel Hill School of Medicine Present:

47TH ANNUAL INTERNAL MEDICINE CONFERENCE

March 15-17, 2023

Jointly sponsored by The School of Medicine of
The University of North Carolina at Chapel Hill and Charlotte AHEC
In Person or Live Webinar
The William and Ida Friday Center for Continuing Education
Chapel Hill, North Carolina



CONFERENCE INFORMATION

Course Description

The 47th Annual Internal Medicine Conference will update attendees on the most recent developments in the diagnosis and management of medical conditions encountered in primary care, including:

- Obesity
- SARS-CoV-2 and other emerging infections
- GERD
- Screening for common cancers
- Peripheral vascular disease

Sessions will be offered in-person or on webinar.

Target Audience

This conference is designed for internists, family physicians, generalists, advanced practice providers and other healthcare providers working in an adult primary care setting.

Educational Objectives

The information presented at this educational activity should improve your ability to:

- Apply updates provided at this meeting to better manage outpatients recently diagnosed with SARS-CoV-2 infection including the provision of follow-up vaccinations.
- Incorporate recommendations outlined at this meeting with regard to nextsteps/recommended medications for managing resistant hypertension.
- Apply presented approach for improving diabetes control among patients with CKD using GLP-1 agonists and SGLT-2 inhibitors.
- Lower dementia risk for your patients.
- Manage high blood pressure.
- Treat heart failure in patients with preserved ejection fraction.
- Manage acute pain for patients with opioid use disorder.
- Improve COPD management for your patients.
- Improve safe management of opioids.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Atrium Health and The School of Medicine of The University of North Carolina at Chapel Hill. Atrium Health is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement

Atrium Health designates this Live Activity for a maximum of 24.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

Wednesday, March 15 – 8.25
Thursday, March 16 – 8.25
Friday, March 17 – 7.25

Physician Assistants: AAPA accepts certificate of participation for educational activities certified for *AMA PRA Category 1 Credits*[™] from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of 24.0 hours of Category 1 credit for completing this program.

Nurse Practitioners: ANCC and the North Carolina Board of Nursing accepts *AMA PRA Category 1 Credits*[™] from the organizations accredited by the Accreditation Council for Continuing Medical Education (ACCME).

Participation in this event will provide 1.5 hour(s) of NC Medical Board mandated controlled substance prescriber education.

AAFP Credit

Application for CME credit has been filed with the American Academy of Family Physicians.

Determination of credit is pending.

Conference Location and Format

This year, the conference will take place at the William and Ida Friday Center for Continuing Education and will be presented in a hybrid format (in-person and webinar). The Friday Center is located at 100 Friday Center Drive, Chapel Hill, NC 27599. For questions about either format, call 919-962-3009.

Registration

All registrants must complete and mail the attached registration form.

Cancellation Policy

Cancellations equal to or more than 14 business days prior to the event will receive 100% refund. Registrants cancelling between 13 - 2 business days prior to the event are refunded at 70% of the registration fee subject to a minimum \$75 cancellation fee. No refunds or credits will be given for cancellations received less than 2 full business days prior to the event. Cancellations must be in writing (fax, email, or mail). Transfers/substitute(s) welcome (notify in advance of the event).

Accommodations

Please contact the hotels directly to make reservations. Identify yourself as an attendee of the 47th Annual IM Conference.

Courtyard by Marriott - Please call 1.800.321.2211 for reservations.

Sheraton Chapel Hill - Please call 1.919.968.4900 for reservations.

The 47th Annual Internal Medicine Conference

March 15-17, 2023
Event # 69336

Please Print Legibly

Last Name: _____ First Name: _____ MI: _____

Mailing Address: Please check appropriate box: Home Business

City: _____ State: _____ Zip Code: _____

Phone: _____ E-mail: _____

Credentials: _____ Specialty: _____

Employer: _____

Disclaimer: By providing your email address and telephone number, you have granted permission for AHEC to contact you via the numbers and address indicated. Would you like your name to be removed from our mailing list? Yes No

REGISTRATION

Please complete a separate registration form for each person. Registrations will not be processed unless accompanied by full payment (check or credit card). You may register by:

- Mailing your form, along with a check to:

Charlotte AHEC Registrar
PO Box 32861
Charlotte, NC 28232-2861

Check made payable to Charlotte AHEC

REGISTRATION FEES (please mark applicable fee)

SELECT THE FORMAT YOU PLAN TO ATTEND:

- In-Person
- Webinar ONLY
- In-Person with Printed Syllabus Option (MUST REQUEST BY MARCH 1ST)

- Full Conference - \$450
- 2-Day Wednesday and Thursday - \$300
- 2-Day Thursday and Friday - \$300
- Single Day Wednesday (Day 1) - \$150
- Single Day Thursday (Day 2) - \$150
- Single Day Friday (Day 3) - \$150

**UNC Primary Care Provider Network Registrants and UNC Preceptors
MUST REGISTER ONLINE AND HAVE CODE for discounted rate.**

PLEASE SCAN
QR CODE TO
REGISTER ONLINE:



REGISTRATION FORM

WEDNESDAY, MARCH 15, 2023

7:30-8:00 **Registration and Continental Breakfast**
 8:00-8:15 **Welcome and Announcements**
Conference Co-Directors
 Marco A. Alemán, MD
 Katherine N. Gill, MD
 Thomas C. Keyserling, MD, MPH
 Director Emeritus
 Romulo E. Colindres, MD, MSPH

RHEUMATOLOGY, ALLERGY, AND IMMUNOLOGY

8:15-8:20 **Introduction**
 Beth L. Jonas, MD
 8:20-8:50 **Allergy Testing and Allergan Immunotherapy**
 Amika Sood, MD
 8:50-9:15 **Fibromyalgia – Workup of the Patient with Chronic Widespread Pain**
 Nicole N. Orzechowski, DO
 9:15-9:40 **Managing your Patient on DMARDs and Biologics – Info for the PCP**
 E. Amanda Snyder, MD
 9:40-10:00 **OPEN PANEL DISCUSSION: Rheumatology, Allergy, and Immunology**
 Beth L. Jonas, MD, Moderator
 Nicole N. Orzechowski, DO
 E. Amanda Snyder, MD
 Amika Sood, MD
 10:00-10:20 **BREAK**

HOSPITAL MEDICINE

10:20-10:25 **Introduction**
 David F. Hemsey, MD
 10:25-10:50 **Disclosure after Medical Error**
 Clare Mock, MD
 10:50-11:15 **Evaluation for and Management of UTIs in Hospitalized Patient**
 Ann Marie Kumfer, MD
 11:15-11:40 **Inpatient Management of GI Bleeding**
 Christina R. Kahl, MD, PhD
 11:40-12:00 **OPEN PANEL DISCUSSION: Hospital Medicine**
 David F. Hemsey, MD, Moderator
 Christina R. Kahl, MD, PhD
 Ann Marie Kumfer, MD
 Clare Mock, MD
 12:00-1:30 **LUNCH-Trillium Room**
OPTIONAL
 12:45-1:30 **Lunch Time Update – DVT and PE: 22 Teaching Points**
 Stephan Moll, MD
 1:00-1:30 **Group Walk to Meadowmont Village**

NEPHROLOGY AND HYPERTENSION

1:30-1:35 **Introduction**
 Cynthia Denu-Ciocca, MD
 1:35-2:00 **The Medical Evaluation of Stones**
 Cynthia Denu-Ciocca, MD
 2:00-2:25 **Screening and Early Intervention for Chronic Kidney Disease**
 Evan M. Zeidler, MD
 2:25-2:50 **Navigating the Intersection of CKD and Advanced Age**
 Emily H. Chang, MD
 Heather Boykin, DNP, RN, ANP-BC
 2:50-3:05 **OPEN PANEL DISCUSSION: Nephrology and Hypertension**
 Cynthia Denu-Ciocca, MD, Moderator
 Emily H. Chang, MD
 Evan M. Zeidler, MD
 Heather Boykin, DNP, RN, ANP-BC
 3:05-3:40 **Biological Therapy for Psoriasis**
 Puneet S. Jolly, MD, PhD
 3:40-4:00 **BREAK**

INFECTIOUS DISEASES

4:00-4:05 **Introduction**
 Joseph J. Eron, MD
 4:05-4:35 **Tick/Vector Borne Infections in NC and the South**
 Ross M. Boyce, MD, MSc
 4:35-5:10 **Emerging Infections**
 David J. Weber, MD, MPH
 5:10-5:40 **Common ID Problems for the Generalist**
 Mary Catherine Bowman, MD, PhD
 5:40-6:00 **OPEN PANEL DISCUSSION: Infectious Diseases**
 Joseph J. Eron, MD, Co-Moderator
 Mary Catherine Bowman, MD, PhD
 Ross M. Boyce, MD, MSc
 David J. Weber, MD, MPH

THURSDAY, MARCH 16, 2023

7:30-8:00 **Registration and Continental Breakfast**

GASTROENTEROLOGY AND HEPATOLOGY

8:00-8:05 **Introduction**
 Craig C. Reed, MD, MSCR
 8:05-8:25 **Management of Gastroesophageal Reflux Disease and Proton Pump Inhibitor-Refractory Symptoms**
 Cary C. Cotton, MD, MPH
 8:25-8:45 **Updates on the Management of Acute Pancreatitis**
 Andrew J. Gilman, MD
 8:45-9:05 **Updates on the Management of Hepatitis C Virus**
 Hersh Shroff, MD, MPA

9:05-9:30 **Rapid Cases: Gastroenterology and Hepatology**
 Craig C. Reed, MD, MSCR and Panel
 9:30-9:50 **OPEN PANEL DISCUSSION Gastroenterology and Hepatology**
 Craig C. Reed, MD, MSCR, Moderator
 Cary C. Cotton, MD, MPH
 Andrew J. Gilman, MD
 Hersh Shroff, MD, MPA
BREAK

GERIATRICS

10:10-10:15 **Introduction to Division Presentation and Colindres Lecture**
 Jan Busby-Whitehead, MD
 Thomas C. Keyserling, MD, MPH
 10:15-11:00 **Romulo E. Colindres Lecture: Diagnosis and Treatment of Persons Living with Dementia in Primary Care Settings**
 Christopher M. Callahan, MD
 11:00-11:40 **Management of Neuropsychiatric Symptoms of Dementia in Long-Term Care Settings**
 Amy Abramowitz, MD
 Claire Larson, MD
 11:40-12:00 **OPEN PANEL DISCUSSION: Geriatrics**
 Jan Busby-Whitehead, MD, Moderator
 Amy Abramowitz, MD
 Christopher M. Callahan, MD
 Claire Larson, MD
 12:00-1:30 **LUNCH-Trillium Room**
OPTIONAL
 12:45-1:30 **Lunch Time Update – Chest Pain Evaluation. An Update and Approach with 40 Years of Perspective**
 J. Larry Klein, MD
 12:45-1:15 **Group Walk to Meadowmont Village**

ENDOCRINOLOGY

1:30-1:35 **Introduction**
 Janice J. Hwang, MD, MHS
 1:35-2:10 **Type 2 diabetes: Updates on Evolving Paradigms of Care**
 John B. Buse, MD, PhD
 2:10-2:40 **Internist Guide to Male Hypogonadism: Testing, Treatment and Tribulations**
 Donald Caraccio, MD
 2:40-3:10 **Hypoglycemia in Diabetes**
 Janice J. Hwang, MD, MHS
 3:10-3:25 **OPEN PANEL DISCUSSION: Endocrinology**
 Janice J. Hwang, MD, MHS, Moderator
 John B. Buse, MD, PhD
 Donald Caraccio, MD
 3:25-3:55 **Late Breaking Presentation**
(will address timely medical topic/research findings reported or published in early 2023)
 3:55-4:10 **BREAK**

GENERAL MEDICINE AND CLINICAL EPIDEMIOLOGY

Mini-Symposium on Obesity
 4:10-4:15 **Introduction**
 Darren A. DeWalt, MD, MPH
 4:15-4:45 **A Framework for Addressing Obesity in the Primary Care Setting**
 Thomas C. Keyserling, MD, MPH
 4:45-5:15 **Bariatric Surgery: Friend or Foe?**
 Keri A. Seymour, DO
 5:15-5:45 **Weight Loss Medications: What's New and Tips on Prescribing**
 Jamie J. Cavanaugh, PharmD, CPP
 5:45-6:00 **OPEN PANEL DISCUSSION: General Medicine and Clinical Epidemiology**
 Darren A. DeWalt, MD, MPH, Moderator
 Jamie J. Cavanaugh, PharmD, CPP
 Thomas C. Keyserling, MD, MPH
 Keri A. Seymour, DO
 6:00-7:30 **Reception at The Friday Center**
 Guests Welcome

FRIDAY, MARCH 17, 2023

7:30-8:00 **Registration and Continental Breakfast**

CARDIOLOGY

8:00-8:05 **Introduction**
 Cody S. Deen, MD
 8:05-8:25 **Peripheral Artery Disease: Screening, Treatment, and Referral**
 Kevin A. Friede, MD
 8:25-8:45 **Hypertension Management Including Renal Artery Denervation**
 Alan L. Hinderliter, MD
 8:45-9:05 **New Guidelines for Chest Pain Evaluation and the Role of CT**
 Casey Gazda, MD
 9:05-9:25 **Top Cardiovascular Trials for the Internist, 2022**
 Cody S. Deen, MD
 9:25-9:45 **HFREF Update**
 Patricia Chang, MD, MHS
 9:45-10:00 **OPEN PANEL DISCUSSION: Cardiology**
 Cody S. Deen, MD, Moderator
 Patricia Chang, MD, MHS
 Casey Gazda, MD
 Kevin A. Friede, MD
 Alan L. Hinderliter, MD
 10:00-10:20 **BREAK**

ONCOLOGY

Mini-Symposium on Cancer Screening
 10:20-10:25 **Introduction**
 Daniel S. Reuland, MD, MPH
 10:25-10:55 **Update on Lung Cancer Screening: New Evidence and Guidelines**
 Daniel S. Reuland, MD, MPH
 10:55-11:20 **Update on Prostate Cancer Screening**
 Marc A. Bjurlin, DO
 11:20-11:45 **Update on Breast Cancer Screening**
 Rachel Hitt, MD
 11:45-12:00 **OPEN PANEL DISCUSSION Oncology**
 Daniel S. Reuland, MD, MPH, Moderator
 Marc A. Bjurlin, DO
 Rachel Hitt, MD
 12:00-1:30 **LUNCH- Trillium Room**
OPTIONAL
 12:45-1:30 **Case-Based Medical Imaging Review with Focus on Neuroimaging**
 Kassie Lyn McCullagh, MD
 12:45-1:15 **Group Walk to Meadowmont Village**

PULMONARY DISEASES AND CRITICAL CARE MEDICINE

1:30-1:35 **Introduction**
 Shannon S. Carson, MD
 1:35-2:05 **COPD: Perfect is the Enemy of Good**
 M. Bradley Drummond, MD, MHS
 2:05-2:30 **Update in Asthma Management: From Mild to Refractory**
 Stephen L. Tilley, MD
 2:30-2:55 **Interstitial Lung Disease: An Era of Effective Therapy**
 Brent W. Kinder, MD, MS
 2:55-3:10 **OPEN PANEL DISCUSSION: Pulmonary and Critical Care Medicine**
 Shannon S. Carson, MD, Moderator
 M. Bradley Drummond, MD, MHS
 Brent W. Kinder, MD, MS
 Stephen L. Tilley, MD
 3:10-3:25 **BREAK**

Opioid CME Mini-Symposium

3:25-3:30 **Introduction**
 H. Claire West, MD
 3:30-4:05 **Implementing Low Barrier Medication for Opioid Use Disorder in Primary Care**
 Matthew J. Simpson, MD
 4:05 - 4:40 **Management of Pain Symptoms in Patients with Serious Illness**
 Katherine Aragon, MD
 4:40-5:00 **OPEN PANEL DISCUSSION: Opioid Mini-Symposium**
 H. Claire West, MD
 Katherine Aragon, MD
 Matthew J. Simpson, MD

Conference Adjourns until March 13-15, 2024

CONFERENCE FACULTY

Guest Faculty
Christopher M. Callahan, MD
 Professor of Medicine, Chief Research and Development Officer, Eskenazi Health, Indiana University School of Medicine
Keri A. Seymour, DO
 Associate Professor of Surgery, Duke University School of Medicine
Matthew Simpson, MD
 Family Physician, Implementation Scientist, and Primary Care Researcher, Mountain Area Health Education Center (MAHEC), Asheville, NC

UNC Department of Medicine Faculty
CONFERENCE DIRECTOR EMERITUS
Romulo E. Colindres, MD, MSPH
 Professor of Medicine, Division of Nephrology & Hypertension
CONFERENCE CO-DIRECTORS
Marco A. Alemán, MD
 Professor of Medicine, Division of General Medicine & Clinical Epidemiology
Katherine N. Gill, MD
 Assistant Professor of Medicine, Division of General Medicine & Clinical Epidemiology
Thomas C. Keyserling, MD, MPH
 Professor of Medicine, Division of General Medicine & Clinical Epidemiology

Katherine Aragon, MD
 Assistant Professor of Medicine, Division of General Medicine & Clinical Epidemiology
Mary Catherine Bowman, MD, PhD
 Associate Professor of Medicine, Division of Infectious Diseases
Ross M. Boyce, MD, MSc
 Assistant Professor of Medicine, Division of Infectious Diseases
Jan Busby-Whitehead, MD
 M. Andrew Greganti Distinguished Professor of Medicine; Chief, Division of Geriatric Medicine; Director, Center for Aging and Health
John B. Buse, MD, PhD
 Verne S. Caviness Distinguished Professor of Medicine, Division of Endocrinology; Co-Director, NC Translational and Clinical Sciences Institute
Donald Caraccio, MD
 Assistant Professor of Medicine, Division of Endocrinology
Shannon S. Carson, MD
 Professor of Medicine; Chief, Division of Pulmonary Diseases & Critical Care Medicine
Jamie J. Cavanaugh, PharmD, CPP
 Associate Professor of Medicine, Division of General Medicine & Clinical Epidemiology
Emily H Chang, MD
 Assistant Professor of Medicine, Division of Nephrology & Hypertension

Patricia Chang, MD, MHS
 Professor of Medicine, Division of Cardiology; Director, Heart Failure and Transplant Program
Cary C. Cotton, MD, MPH
 Clinical Instructor of Medicine, Division of Gastroenterology & Hepatology
Cody S. Deen, MD
 Assistant Professor of Medicine, Division of Cardiology
Cynthia Denu-Ciocca, MD
 Professor of Medicine, Division of Nephrology & Hypertension
Darren A. DeWalt, MD, MPH
 John Randolph and Helen Barnes Chambliss Distinguished Professor of Medicine; Chief, Division of General Medicine & Clinical Epidemiology
Hersh Shroff, MD, MPA
 Assistant Professor of Medicine, Division of Gastroenterology & Hepatology

M. Bradley Drummond, MD, MHS
 Associate Professor of Medicine, Division of Pulmonary Diseases & Critical Care Medicine
Joseph J. Eron, MD
 Herman and Louise Smith Distinguished Professor of Medicine; Chief, Division of Infectious Diseases
Kevin A. Friede, MD
 Assistant Professor of Medicine, Division of Cardiology
Casey Gazda, MD
 Assistant Professor of Medicine, Division of Cardiology
Andrew J. Gilman, MD
 Assistant Professor of Medicine, Division of Gastroenterology & Hepatology
David Hemsey, MD
 Professor of Medicine; Chief, Division of Hospital Medicine

Alan L. Hinderliter, MD
 Henry A. Foscue Distinguished Professor of Medicine, Division of Cardiology; Director, UNC Hospitals Echocardiography Laboratory
Janice J. Hwang, MD, MHS
 Associate Professor of Medicine; Chief, Division of Endocrinology; Associate Professor in Cell Biology and Physiology
Beth L. Jonas, MD
 Reeves Foundation Distinguished Professor of Medicine; Chief, Division of Rheumatology, Allergy & Immunology
Christina R. Kahl, MD, PhD
 Assistant Professor of Medicine, Division of Hospital Medicine
Brent W. Kinder, MD, MS
 Associate Professor of Medicine, Division of Pulmonary Diseases & Critical Care Medicine
J. Larry Klein, MD
 Professor of Medicine, Division of Cardiology; Professor of Radiology
Ann Marie Kumfer, MD
 Assistant Professor of Medicine, Division of Hospital Medicine
Claire K. Larson, MD
 Assistant Professor, Division of Geriatric Medicine
Clare Mock MD
 Associate Professor of Medicine, Division of Hospital Medicine; Director of Patient Safety, Department of Medicine

David J. Weber, MD, MPH
 Charles Addison and Elizabeth Ann Sanders Distinguished Professor of Medicine, Pediatrics, and Epidemiology, Schools of Medicine and Public Health, Division of Infectious Disease; Associate Chief Medical Officer, UNC Health
H. Claire West, MD
 Associate Professor of Medicine, Division of General Medicine & Clinical Epidemiology
Evan Zeidler, MD
 Assistant Professor of Medicine, Division of Nephrology & Hypertension

Stephan Moll, MD
 Professor of Medicine, Division of Hematology
Nicole M. Orzechowski, DO
 Associate Professor of Medicine, Division of Rheumatology, Allergy & Immunology
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Amika Sood, MD
 Assistant Professor of Medicine, Division of Rheumatology, Allergy & Immunology
Stephen Tilley, MD
 Associate Professor of Medicine, Division of Pulmonary Diseases & Critical Care Medicine

Faculty from other UNC Departments
Amy Abramowitz, MD
 Assistant Professor of Psychiatry
Marc A Bjurlin, DO
 Associate Professor of Urology
Heather Boykin, DNP, RN, ANP-BC
 Hospital Associate, Department of Palliative Care
Rachel Hitt, MD
 Associate Professor of Radiology, Breast Imaging Division
Kassie L. McCullagh, MD
 Assistant Professor of Radiology, Neuroradiology Division
Matthew Simpson, MD
 Family Physician, Implementation Scientist, and Primary Care Researcher, Mountain Area Health Education Center (MAHEC), Asheville, NC