

## Agenda

### Atrium Health Sleep Symposium 2023 March 3, 2023

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8:30 — 8:45a	Introduction	
8:45 — 9:30a	Sheila Maurer, MD (WF)	Strategies to Help Kids Sleep Better
9:30 — 10:15a	Jaspal Singh, MD (CLT)	Advanced PAP / Complex Breathing Patients: Matching the Right Device to the Right Patient
10:15—10:30a	<b>Break &amp; Visit Exhibits</b>	
10:30—11:15a	William McCall, MD (WF)	Sleep and Suicide: Epidemiology, Management, and Mechanism
11:15—12:00p	Jessica Bartfield, MD (CLT)	You Snooze you Lose or You Lose, you Snooze?: Weight Management in the Sleep Patient
12:00—12:45p	<b>Lunch &amp; Visit Exhibits</b>	
12:45— 1:30p	Kristin Daley, PhD (CLT)	Managing Burnout from the Trenches
1:30— 2:15p	Nancy Collop, MD (Virtual)	Clinical Pearls from the Journal of Clinical Sleep Medicine from 2021-22
2:15— 3:00p	Sandhya Kumar, MD (WF)	Sleep Apnea and its cardio /cerebrovascular complications
3:00— 3:15p	<b>Break &amp; Visit Exhibits</b>	
3:15— 4:00p	Dennis Hwang, MD (Virtual)	Harnessing the Power of Technology and Data Integration in Sleep Medicine: Automation, Big Data, and Artificial Intelligence
4:00— 4:45p	Andrew Namen, MD (WF) Doug Kirsch, MD (CLT)	Implantable Devices for Sleep-Disordered Breathing
4:45— 5:00p	Q&A and Closing Remarks	

#### Objectives / Outcomes

- Outline sleep disorders and treatments options to manage patients
- Summarize and identify the negative impact of sleep disorders on patient's health
- Analyze up-to-date research news in Sleep Medicine