

Sanger SCAD Patient Symposium



Spontaneous coronary artery dissection (SCAD) is an increasingly recognized cause of heart attack, particularly in women. There has been incredible progress made in the understanding of SCAD, and this symposium will provide an update about SCAD to an audience of patients and their loved ones.

Date: Saturday, April 22, 2023

Venue: Sanger Heart & Vascular Institute – 1237 Harding Place, Charlotte, NC

Time: 8:00am – 5:00pm

Registration fee: \$25.00

Topics will include a review of the anatomy and physiology of the heart and arteries, a description of common cardiology tests and procedures and why they are performed, and a review of why SCAD may happen and how SCAD heart attacks are treated.

A highlight of this meeting will be **special breakout sessions** that will allow patients to interact in smaller groups to discuss important topics such as developing coping methods after SCAD, finding ways to help others who have experienced a SCAD, and defining strategies for caregivers to cope after their loved ones have suffered a SCAD heart attack. There will also be talks on mental health, physical activity, and reproductive health considerations after a SCAD heart attack.

Early Bird Hotel Registration Discount for Out of Town Guests

The first 10 patients who register for hotel accommodation at the **Hampton Inn Charlotte-Uptown** will receive a discount if they use the link below: [Discount at Hampton Inn](https://www.charlotteahec.org/event/70708)

Kindly register using the website link or QR Code

<https://www.charlotteahec.org/event/70708>



NC AHEC

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RECRUIT
TRAIN
RETAIN



Atrium Health

Sanger Heart & Vascular Institute



SCAD
ALLIANCE

Sanger SCAD Patient Symposium

Saturday, April 22, 2023

Registration/ Breakfast		
8:15 - 8:30	Opening Remarks	<i>Esther Kim, MD, MPH</i> <i>Katherine Leon</i>
8:00 - 10:10	Moderator	<i>Esther Kim, MD, MPH</i>
8:30 - 8:45	Session Intro: The Last Ordinary Hour	<i>Kathy IZard</i>
8:45 - 9:10	Arteries 101: How Does My Heart's "Plumbing" Work?	<i>Rebecca Young, BSN, RN</i>
9:10 - 9:30	Cardiology 101: Tests and Procedures	<i>Agnes Koczo, MD</i>
9:30 - 9:50	Fibromuscular Dysplasia and other Arteriopathies	<i>Daniella Kadian-Dodov, MD</i>
9:50 - 10:10	Q&A	<i>Panel</i>
10:10 - 10:20	BREAK	
10:20 - 11:40	Moderator	<i>Sahar Naderi, MD</i>
10:20 - 10:40	SCAD in the Cath Lab: Help Me Understand What Happened	<i>Hannah Chaudry, MD</i>
10:40 - 11:00	SCAD: Top 10 Things I Need to Know	<i>Sahar Naderi, MD</i>
11:00 - 11:20	The Genetics of SCAD: What Do We Know and How Does It Apply To Me	<i>Jason Kovacic, MD</i>
11:20 - 11:40	Q&A	<i>Panel</i>
11:40 - 1:00	Moderator & Session Intro: The SCAD Workshop-Let's Brainstorm!	<i>Rebecca Freeman, PA-C, MPH</i>
11:55 - 12:30	LUNCH	
12:30 - 1:00	Group A: I'm New Here. Coping with SCAD As A Recently Diagnosed Survivor	<i>Rebecca Fallon, MS</i> <i>Maureen Garvey, RN</i>
	Group B: Is This Really Happening? Defining Caregiver Needs and Strategies	<i>Kathy IZard</i> <i>Rachel Doucette</i>
	Group C: Let's Go! Next Steps for Those Ready to Advocate or Support Others	<i>Katherine Leon</i> <i>Naesha Parks, EdD</i>
1:00 - 1:10	BREAK AND RETURN TO AUDITORIUM	
1:10 - 1:30	Workshop report	<i>Group Leaders</i>
1:30 - 3:05	Moderator	<i>Bryan Wells, MD</i>
1:30 - 1:45	Cardiac Rehab, Physical Activity, and SCAD	<i>Malissa Wood, MD</i>
1:45 - 2:05	Moving Forward with Life After SCAD	<i>Naesha Parks, EdD</i>
2:05 - 2:25	Post-SCAD Health: Taking Care of Your Whole Self	<i>Rebecca Fallon, MS</i>
2:25 - 2:45	SCAD and Migraine Headaches	<i>Bryan Wells, MD</i>
2:45 - 3:05	Q&A	<i>Panel</i>
3:05 - 3:15	BREAK	
3:15 - 4:35	Moderator	<i>Esther Kim, MD</i>
3:15 - 3:35	More Babies? Menopause? Reproductive Health Considerations	<i>Anna Grodzinsky, MD</i>
3:35 - 3:55	Medications After SCAD: What, Why, And When Can I Stop?	<i>Daniella Crousillat, MD</i>
3:55 - 4:15	iSCAD Registry Update: How You Can Help Transform SCAD Research	<i>Esther Kim, MD, MPH</i>
4:15 - 4:35	Q&A	<i>Panel</i>
4:35 - 5:00	Closing Remarks and Thank You's!	<i>Esther Kim, MD, MPH</i> <i>Katherine Leon</i>