

**SOUTH
PIEDMONT AHEC**

PART OF NC AHEC

Ambulatory Care Pharmacy Forum
NC Annual Meeting 2024

Friday, January 19, 2024
8:15 AM to 4:30 PM
Atrium Health Cabarrus
Hamrick Theatre
920 Church Street North
Concord NC 28025
and
Online Webinar

*Co-sponsored by Ambulatory Care Pharmacy Forum of North Carolina,
South Piedmont AHEC and The University of North Carolina Eshelman School of Pharmacy*

Target Audience:

Pharmacists

Goal: The Ambulatory Care Pharmacy Forum of North Carolina is a network for and led by ambulatory clinical pharmacists with an ongoing goal of providing networking, collaboration, and educational opportunities for likeminded pharmacists in North Carolina with an emphasis on practical ambulatory care topics and unmet public health needs. In addition to providing networking opportunities for ambulatory care pharmacist, this application-based CPE activity will provide the pharmacist with clinical practice updates on a variety of topics.

For more information on Ambulatory Care Pharmacy Forum of NC: www.AmbulatoryCarePharmacyForum.com.

Registration and Agenda

Participants sign in beginning at 7:30 am (both in person and virtually). The course begins promptly at 8:15 am ends at 4:30 pm with the course agenda and objectives as follows:

8:15 am – 8:30 am Welcome, Introductions, Instructions
Pete Koval, PharmD, BCPS CPP and Josh Guffey, PharmD, BCACP, BC-ADM, BCPS

A Word from the Ambulatory Care Pharmacy Forum Founder
Keith Latham, PharmD

ACPE Credit from 8:30 AM to 12:00 Morning Session:
ACPE #0046-9999-24-015-L01-P for 3 hours (Onsite and Webinar)

8:30 am – 9:30 am **Updates on “Fatty” Liver Disease: What Pharmacists Need to Know!**
Andy Warren, PharmD, BCPS, CPP

1. Define steatotic liver disease (SLD) including classification, pathogenesis, and diagnosis.
2. Apply evidence from guidelines and primary literature to support therapeutic recommendations for patients with SLD

9:30 am – 9:45 am BREAK

9:45 to 10:45 am "The Pressure Is On: Optimizing Hypertension Management"

Caleb Little, PharmD, BCPS, CPP - Clinical Pharmacist Coordinator, Cardiology - Sanger Heart & Vascular Institute

1. Discuss clinical pearls pertaining to select medications commonly used for the treatment of HTN
2. Review unique considerations for HTN management in special populations
3. Recognize when to look for causes of resistant HTN and determine what tests to order, keeping in mind biases in patient selection
4. Underscore the importance of choosing appropriate dosing
5. Provide an overview of renal denervation
6. Share insights into a pharmacist-run HTN program

10:45 am -11:00 am BREAK

11:00 am – 12:00 pm Rheumatoid Arthritis for the AmCare Pharmacist

Kyle Osborne PharmD, BCPS, CPP

Objectives:

1. Describe the etiology of rheumatoid arthritis (RA)
2. Outline the pathophysiology of RA
3. Summarize available treatments for RA
4. Explain the pharmacologic approach to treating RA

12:00 pm – 1:00 pm Lunch

ACPE Credit from 1:00 PM to 4:30 Afternoon Session
ACPE 0046-9999-24-016-L01-P for 3 hours (ONSITE ONLY)

1:00 pm – 2:00 PM **Try the Grey Stuff, it's Delicious! Managing Hyperlipidemia Beyond the Guidelines**

Shelby Tungate, PharmD, CPP, BCACP, MPA, Clinical Pharmacist Practitioner, UNC Specialty and Primary Care Clinic; Director, Enhanced Care; PGY1 Ambulatory Care Residency Program Coordinator, UNC Health

Objectives:

1. Compare and contrast varying recommendations for updated LDL targets
2. Review current available non-statin lipid treatments including bempedoic acid, PCSK9 inhibitors, and inclisiran
3. Discuss the role of Lp(a) in assessing and treating hyperlipidemia
4. Identify social determinants of health that impede the management of lipids

2:00 pm – 2:15 pm Break

2:15 pm – 3:15 pm Panel – When CGM Data Is Confusing - Where To Look For Answers

Erika Peterfy, PharmD, CDCES, BCACP, CPP

Cathey Miller, PharmD, CDCES, CPP

Lisa Meade, PharmD, CDCES

Objectives:

1. Compare and contrast available CGM devices
2. Discuss report features related to the most popular CGM devices
3. Identify problems that may limit access to data
4. Describe coverage and cost of CGM devices

3:15 pm – 3:30 pm Break

3:30 pm – 4:30 pm Panel – Help! I Need Somebody: A Panel Discussion on Ways to Support Clinical Pharmacy Work with Non-Pharmacists.

Nick Wilkins, PharmD, BCPS, CDCES, CPP

Shawn Riser Taylor, PharmD, CCPP, CDCES

Colleen Summe, PharmD, BCPS

Amanda Woods, PharmD, BCACP, CDCES, CPP, DPLA

Objectives:

1. Describe the role of non-pharmacists in supporting ambulatory care pharmacy practice and population health.
2. Summarize national guidance and literature on the use of non-pharmacists in ambulatory care pharmacy and population health.
3. Describe best practices incorporated across the state to utilize non-pharmacists in ambulatory care pharmacy and population health.
4. Discuss the impact of non-pharmacists on medication access and healthy equity.

Course Fees

- \$150 Registration Fee (full day – PM ON-SITE ONLY)
- \$90 Half Day Registration Fee (AM: virtual or on-site or PM ON-SITE ONLY)

Pharmacy Residents

- \$50 Registration Fee (full day – PM ON-SITE ONLY)
- \$35 Half Day Registration Fee (AM: virtual or on-site or PM ON-SITE ONLY)

Please register online at www.southpiedmontahec.org

We wish to thank the following exhibitors:

- Abbott
- Bayer Healthcare
- NC DHHS

AHEC Refund Policy: Individuals who register for a course and cancel between 2 weeks and up to 48 hours prior to the program will receive a 70% refund. If you cancel more than 2 weeks in advance of the course, there is a \$25.00 cancellation fee. No refund will be given for individuals who cancel less than 48 hours prior to the program. Substitutes are welcome. Cancellations MUST be in writing (fax, mail or email). If possible, please notify us of this change prior to the program.

Continuing Education Credit For Pharmacists:



The University Of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. To receive CE credit, you must complete the CE attendance form and the evaluation of the program. Statement of credit can be viewed and printed in CPE Monitor. Statements of CE Credit will be processed in approximately 2 to 3 weeks. ****No partial credit will be available****

"Special thanks to Keith Latham as the founder of the Ambulatory Care Pharmacy Forum of North Carolina"

Planning Committee

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Faculty

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ADA: If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act to attend this program, please contact the South Piedmont AHEC office at (704) 512-6523.

Contact sarah.ashcraft@atriumhealth.org for information on this program