

#### **Course Description**

The 48th Annual Internal Medicine Conference will update attendees on the recent developments in health promotion and disease management for conditions commonly encountered in primary care, including:

- Point of care ultrasound to improve management of common conditions
- Vaccines for respiratory infections
- · Management of Helicobacter pylori
- · Obstructive sleep apnea
- Osteoporosis

Sessions will be offered in-person or on webinar.

## **Target Audience**

This conference is designed for internists, family physicians, generalists, advanced practice providers and other healthcare providers working in an adult primary care setting.

#### **Educational Objectives**

The information presented at this educational activity should improve your ability to:

- Manage allergic asthma
- Evaluate dyspnea in the primary care setting
- Manage menopausal symptoms
- Screen for and manage STIs
- Appreciate the emerging role of point of care ultrasound
- Manage Helicobacter pylori infections and complications
- Manage obstructive sleep apnea
- Treat obesity and diabetes
- Use SGLT2-i and GLP-1 medications to improve cardiovascular disease outcomes

## **Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Atrium Health and The School of Medicine of The University of North Carolina at Chapel Hill. Atrium Health is accredited by the ACCME to provide continuing medical education for physicians.

# **Credit Designation Statement**

Atrium Health designates this Live Activity for a maximum of 23.0 AMA PRA Category 1 Credit(s)TN Physicians should claim only the credit commensurate with the extent of their participation in this activity.

Wednesday, March 13 - 7.5 Thursday, March 14 - 8.25 Friday, March 15 - 7.25

Physician Assistants: AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of 23.0 hours of Category 1 credit for completing this program.

Nurse Practitioners: ANCC and the North Carolina Board of Nursing accepts AMA PRA Category 1 Credits<sup>™</sup> from the organizations accredited by the Accreditation Council for Continuing Medical Education (ACCME).

Nurses: This educational activity with 23.0 hours can be applied towards continuing competence plan for maintaining current licensure with the North Carolina Board of Nursing

Participation in this event will provide 1.5 hour(s) of NC Medical Board mandated controlled substance prescriber education.

#### **AAFP Credit**

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

#### **Conference Location and Format**

This year, the conference will take place at the William and Ida Friday Center for Continuing Education and will be presented in a hybrid format (in-person and webinar). The Friday Center is located at 100 Friday Center Drive, Chapel Hill, NC 27599. For questions about either format, call 919-962-3009.

# Registration

Registration may be done online using the QR code on the bottom of registration form or you may complete the registration form and mail in with payment.

# Cancellation Policy

Cancellations equal to or more than 14 business days prior to the event will receive 100% refund. Registrants cancelling between 13 - 2 business days prior to the event are refunded at 70% of the registration fee subject to a minimum \$75 cancellation fee. No refunds or credits will be given for cancellations received less than 2 full business days prior to the event. Cancellations must be in writing (fax, email, or mail). Transfers/substitute(s) welcome (notify in advance of the event).

# Accommodations

Please contact the hotels directly to make reservations.

Courtvard by Marriott - Please call 1.800.321.2211 for reservations.

Sheraton Chapel Hill - Please call 1.919.968.4900 for reservations.

# The 48th Annual Internal Medicine Conference

March 13-15, 2024 Event # 70930

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Last Name:	First Name:	MI:
Mailing Address: Please check	c appropriate box: ☐ Home ☐ Busin	ess
City:	State:	Zip Code:
Phone:	E-mail:	
Credentials:		
Employer:		

Disclaimer: By providing your email address and telephone number, you have granted permission for AHEC to contact you via the numbers and address indicated. Would you like your name to be removed from our mailing list? ☐ Yes ☐ No

#### REGISTRATION

Please complete a separate registration form for each person. Registrations will not be processed unless accompanied by full payment (check or credit card). You may register by:

#### Mailing your form, along with a check to:

South Piedmont AHEC Registrar PO Box 32861 Charlotte, NC 28232-2861

Check made payable to South Piedmont AHEC

## **REGISTRATION FEES** (please mark applicable fee)

#### SELECT THE FORMAT YOU PLAN TO ATTEND:

- □ In-Person
- Webinar ONLY
- ☐ In-Person with Printed Syllabus Option (MUST REQUEST BY MARCH 1ST)
- ☐ Full Conference \$500\*\* (in-person) / \$450 (webinar)
- \*\*Attendee can switch between in-person/webinar but must pay in-person fee. □ 2-Day Wednesday and Thursday - \$325\*\* (in-person) / \$300 (webinar)
- \*\*Attendee can switch between in-person/webinar but **must** pay in-person fee.
- □ 2-Day Thursday and Friday \$325\*\* (in-person) / \$300 (webinar)
- \*\*Attendee can switch between in-person/webinar but must pay in-person fee. ☐ Single Day Wednesday (Day 1) - \$150
- ☐ Single Day Thurday (Day 2) \$150
- ☐ Single Day Friday (Day 3) \$150

**UNC Primary Care Provider Network Registrants and UNC Preceptors** MUST REGISTER ONLINE AND HAVE CODE for discounted rate.





	WEDI	NESDAY, MARCH 13, 2024		INFECTIOUS DISEASES	9:30-9:45	OPEN PANEL DISCUSSION	
	0-8:00 0-8:15	Registration and Continental Breakfast Welcome and Announcements Conference Co-Directors Marco A. Alemán, MD	1:30-1:35 1:35-2:05	Introduction Joseph J. Eron, MD Vaccination for Respiratory Infections – Now and in the Future David J. Weber, MD, MPH		Gastroenterology and Hepatology Craig C. Reed, MD, MSCR, Moderator Orin K. Fix, MD MSc Giselle Mahoro, MD Katherine E. Scholand, MD	4:05-4:10 <b>I</b>
		Katherine N. Gill, MD Thomas C. Keyserling, MD, MPH	2:05-2:35	Reducing Chronic Disease Burden for those with HIV – Role of PCP	9:45-10:05 10:05-10:40	BREAK Turning Sleep Apnea from a Nightmare	1.10 4.40 I
		Director Emeritus Romulo E. Colindres, MD, MSPH	2:35-3:05	Christopher Hurt, MD, FIDSA STI Update – Mycoplasma genitalium and ongoing Challenges Treating		to Sweet Dreams – What You Need to Know	4:45-5:15 <i>I</i>
L		RHEUMATOLOGY, ALLERGY, AND IMMUNOLOGY	0.05.0.00	Gonorrhea and Syphilis Arlene C. Seña, MD, MPH		Bradley V. Vaughn, MD  GENERAL MEDICINE	i f
8:1	5-8:20	Introduction Beth L. Jonas, MD	3:05-3:20	OPEN PANEL DISCUSSION: Infectious Diseases		ND CLINICAL EPIDEMIOLOGY	5:15-5:45 <b>U</b>
8:2	0-8:50	Rheumatoid Arthritis: Perspectives for Primary Care Nicole M. Orzechowski, DO		Joseph J. Eron, MD, Moderator Christopher Hurt, MD, FIDSA Arlene C. Seña, MD, MPH		Introduction to Division Presentation Gender Affirming Care Mini-Symposium Darren A. DeWalt, MD, MPH	( 6
8:5	0-9:15	Polymyalgia Rheumatica and Giant Cell Arteritis Michael Cunningham, MD	3:20-3:40	David J. Weber, MD, MPH  BREAK		State of Gender Affirming Care in NC Katherine Croft, BSN, RN Estrogen-Based Gender Affirming	5:45-6:00 (
9:1	5-9:40	Allergic Asthma: Management Tips and When to Refer Stephen A. Schworer, MD, PhD	3:40-4:15	Late Breaking Presentation (will address timely medical topic/research findings reported or published in early 2024)	11:45-12:15	Hormone Therapy Karen Kimel-Scott, MD Testosterone-Based Gender Affirming	I I
9:4	0-10:00	OPEN PANEL DISCUSSION: Rheumatology, Allergy, and Immunology		HOSPITAL MEDICINE		Hormone Therapy Riley Smith, MD	· ·
		Beth L. Jonas, MD, Moderator Michael Cunningham, MD		sium – Next Level Diagnostic Seeing with (Ultra)sound	12:15-12:30	OPEN PANEL DISCUSSION General Medicine and Clinical Epidemiology	FR
		Nicole M. Orzechowski, DO Stephen A. Schworer, MD, PhD	4:15-4:20	Introduction Ria Dancel, MD		Darren A. DeWalt, MD, MPH, Moderator Katherine Croft, BSN, RN	7:30-8:00 <b>I</b>
10:0	00-10:20	BREAK	4:20 - 5:40	Ultrasound Case Presentations Katelyn Butler, MD		Karen Kimel-Scott, MD Riley Smith, MD	8:00-8:05 <b>I</b>
	F	PULMONARY DISEASES AND CRITICAL CARE MEDICINE		Ria Dancel, MD Erin Finn, MD	12:30-2:00 <b>OPTIONAL</b>	LUNCH – Trillium Room	8:05-8:30 <b>I</b>
10:	20-10:25	Introduction Shannon S. Carson, MD		Jonathan Heath, MD Ann Marie Kumfer, MD	1:15-2:00	Lunch Time Update –	!
10:	25-10:50	Evaluating Dyspnea in the Primary Care Setting	5:40-6:00	John R. Stephens, MD OPEN PANEL DISCUSSION:		2024 Update on Thrombosis, Anticoagulation, and Thrombophilia Stephan Moll, MD	8:30-8:55 U
10:	50-11:15	Barbara L. Le Varge, MD COPD: Update on Inhaled Medications		Hospital Medicine Ria Dancel, MD and Panel			8:55-9:20 I
		and Alpha-1 Antitrypsin Deficiency Screening and Treatment	THU	RSDAY, MARCH 14, 2024	2:00-2:05	ENDOCRINOLOGY Introduction	t ,
11:	15-11:40	Ashley G. Henderson, MD Nontuberculous Mycobacteria,	7:30-8:00	Registration and Continental Breakfast	2:05-2:35	Deepa Kirk, MD Updates in Osteoporosis: Imaging,	9:20-9:40 <b>t</b>
		Bronchiectasis, and the "Tree and Bud" Finding on Chest CT	<b>GASTR</b> ( 8:00-8:05	DENTEROLOGY AND HEPATOLOGY Introduction		Anabolics, Exercise  Janet Rubin, MD	9:40-9:55 <b>(</b>
11:	40-12:00	Kunal K. Jakharia, MD OPEN PANEL DISCUSSION: Pulmonary Diseases and Critical	8:05-8:25	Craig C. Reed, MD, MSCR An Update on the Treatment of	2:35-3:05	Managing the Twin-Epidemics of Obesity and Diabetes	
		Care Medicine Shannon S. Carson, MD, Moderator	8:25-8:45	Chronic Constipation Katherine E. Scholand, MD Helicobacter pylori Management and	3:05-3:30	Andrea D. Coviello, MD, MPH, MMCi Pearls and Pitfalls in Diagnosis and Managing Adrenal Insufficiency	i !
		Ashley G. Henderson, MD Kunal K. Jakharia, MD Barbara L. LeVarge, MD		Associated Complications of Infection Giselle Maharo, MD	3:30-3:45	Luis E. Borges Espinosa, MD OPEN PANEL DISCUSSION:	9:55-10:15 <b>I</b>
	00-1:30	LUNCH-Trillium Room	8:45-9:05	Early Liver Transplantation for Severe Alcohol-Associated Hepatitis Orin K. Fix, MD MSc		Endocrinology Deepa Kirk, MD, Moderator Luis E. Borges Espinosa, MD	10:15-10:50
	<b>TIONAL</b> 45-1:30	· · · · · · · · · · · · · · · · · · ·	9:05-9:30	Quick Cases: Gastroenterology and Hepatology		Andrea D. Coviello, MD, MPH, MMCi Janet Rubin, MD	
		Treatment of Menopausal Symptoms Katelin Zahn, MD		Craig C. Reed, MD, MSCR and Panel	3:45-4:05	BREAK	

ANNUA

	GERIATRICS
1:05-4:10	Introduction to Division Presentation and Colindres Lecture Jan Busby-Whitehead, MD Thomas C. Keyserling, MD, MPH
1:10-4:45	Romulo E. Colindres Lecture: Relevance of Frailty in Management of Cardiovascular Disease Daniel E. Forman, MD
1:45-5:15	A Practical Approach to Identifying and Referring Patients Who May Benefit from Emerging Treatments for Alzheimer's Disease Kimberly Mournighan, MD
5:15-5:45	Update on Deprescribing Medications Commonly used to Prevent CVD and Manage CVD Risk Factors Joshua Niznik, PharmD, PhD
5:45-6:00	OPEN PANEL DISCUSSION: Pulmonary and Critical Care Medicine Jan Busby-Whitehead, MD, Moderator Daniel E. Forman, MD Kimberly Mournighan, MD Joshua Niznik, PharmD, PhD
F	RIDAY, MARCH 15, 2024
7:30-8:00	Registration and Continental Breakfast
	CARDIOLOGY
3:00-8:05	Introduction Cody S. Deen, MD
3:05-8:30	Impact of SGLT2-i and GLP-1 Medications on CV Outcomes Thelsa T. Weickert, MD
3:30-8:55	Update on Lipid Management Nora Tolbert, MD
3:55-9:20	My Patient had PVCs/ Non-Sustained VT on a Ziopatch. What am I Supposed to do?  Anthony J. Mazzella, MD
9:20-9:40	Top Cardiovascular Trials for the Internist, 2023 Cody S. Deen, MD
9:40-9:55	OPEN PANEL DISCUSSION: Cardiology Cody S. Deen, MD, Moderator

Anthony J. Mazzella, MD

Thelsa T. Weickert, MD

Jayson R. Miedema, MD

Skin Cancer Pearls for the PCP

Nora Tolbert, MD

BREAK

	Eben I. Lichtman, MD	
2:25-2:55	New Approaches to Managing and	
	Understanding Iron Deficiency Anemia	
	Samuel R. Wilson, MD, MSCR	
2:55-3:10	OPEN PANEL DISCUSSION:	
	Hematology	
	Samuel R. Wilson, MD, MSCR, Moderator	
	Eben I. Lichtman, MD	
3:10-3:25	BREAK	
Controlled 9	Substance CME Mini-Symposium	
3:25-3:30	Introduction	
0.00.0.55	H. Claire West, MD	
3:30-3:55	Updates in Evidence Based Medical	
	Pain Management	
0.55.4.00	Brooke A. Chidgey, MD	
3:55-4:20	Application of MOUD in Primary Care	
4 00 4 45	H. Claire West, MD	
4:20-4:45	Equity in Substance Use Treatment	
4 45 5 00	Jennifer Kemper, MD	
4:45-5:00	OPEN PANEL DISCUSSION:	
	Opioid Mini-Symposium	
	H. Claire West, MD	
	Brooke A. Chidgey, MD	
	Jennifer Kemper, MD	
Conference Adjourns until March 12-14, 2025		
Connecence	Adjourns until March 12-14, 2023	

NEPHROLOGY AND HYPERTENSION

Monica L. Revnolds. MD. MSCR

Nephrology and Hypertension

Gerald A. Hladik, MD, Moderator

Monica L. Reynolds, MD, MSCR

with Focus on Cardiothoracic Imaging

for the Busy Primary Care Provider

11:20-11:45 Caring for CKD Patients: Implementing

the Kidney Care Toolkit

Surva Manivannan, MD

Surva Manivannan, MD

12:45-1:20 Case-Based Medical Imaging Review

William Fenner Griffin. MD

1:20-1:50 Depression and Anxiety – A Brief Overview

Nathaniel A. Sowa, MD. PhD

HEMATOLOGY

1:55-2:25 Antibody Drug Conjugates and Bispecific

Antibody Therapy to Treat Cancer:

The New Wave of Cancer Therapy

Eben I. Lichtman, MD

11:45-12:00 OPEN PANEL DISCUSSION

12:00-1:30 LUNCH – Trillium Room

1:50-1:55 Introduction

Gerald A. Hladik, MD

10:55-11:20 Navigating the Intersection of

10:50-10:55 Introduction

#### **Guest Faculty** Daniel D. Forman, MD Professor of Medicine: Chair, Section of Geriatric Cardiology, University of Pittsburgh Reproductive Health and Kidney Disease

# UNC Department of Medicine Faculty

Romulo E. Colindres, MD, MSPH Professor of Medicine, Division of Nephrology & Hypertension

CONFERENCE DIRECTOR EMERITUS

CONFERENCE CO-DIRECTORS

Marco A. Alemán, MD Professor of Medicine, Division of General Medicine

& Clinical Epidemiology Katherine N. Gill. MD

Assistant Professor of Medicine, Division of General Medicine & Clinical Epidemiology

Thomas C. Keyserling, MD, MPH Professor of Medicine. Division of General Medicine & Clinical Epidemiology

Luis E. Borges Espinosa, MD Assistant Professor of Medicine.

Division of Endocrinology Jan Busby-Whitehead, MD

M. Andrew Greganti Distinguished Professor of Medicine; Chief, Division of Geriatric Medicine; Director, Center for Aging and Health

Katelyn Butler, MD

Assistant Professor of Medicine and Pediatrics, Division of Hospital Medicine

Shannon S. Carson, MD

Professor of Medicine; Chief, Division of Pulmonary Diseases & Critical Care Medicine

Andrea D. Coviello, MD, MPH, MMCi Professor of Medicine, Division of Endocrinology; Director, Weight Management Program

Michael Cunningham, MD Assistant Professor of Medicine, Division of Rheumatology, Allergy & Immunology

Ria Dancel, MD

Professor of Medicine and Pediatrics, Division of Hospital Medicine. Physician Leader for Medicine Procedure Service

Cody S. Deen, MD Associate Professor of Medicine, Division of Cardiology

Darren A. DeWalt, MD, MPH John Randolph and Helen Barnes Chambliss Distinguished Professor of Medicine; Chief, Division of General Medicine & Clinical Epidemiology

Joseph J. Eron, MD Herman and Louise Smith Distinguished Professor of Medicine; Chief, Division of Infectious Diseases

Erin Finn. MD

Assistant Professor of Medicine and Pediatrics, Division of Hospital Medicine

Oren K. Fix. MD. MSc

Professor of Medicine, Division of Gastroenterology & Hepatology: Medical Director Liver Transplantation

Jonathan Heath, MD Associate Professor of Medicine and Pediatrics, Division of Hospital Medicine

Ashlev G. Henderson, MD Professor of Medicine, Division of Pulmonary

Diseases & Critical Care Medicine Gerald A. Hladik, MD

Doc J Thurston Distinguished Professor of Medicine; Chief, Division of Nephrology and Hypertension

Christopher Hurt, MD, FIDSA Associate Professor of Medicine,

Division of Infectious Diseases Kunal K. Jakharia, MD

Assistant Professor of Medicine. Division of Pulmonary Diseases & Critical Care Medicine Beth L. Jonas, MD

Reeves Foundation Distinguished Professor of Medicine: Chief. Division of Rheumatology. Allergy & Immunology

Karen Kimel-Scott, MD

Assistant Professor of Medicine, Division of General Medicine & Clinical Epidemiology

Deepa Kirk, MD

Professor of Medicine, Division of Endocrinology

Ann Marie Kumfer, MD Assistant Professor of Medicine, Division of Hospital Medicine

Barbara L. LeVarge, MD Assistant Professor of Medicine, Division of Pulmonary

Diseases & Critical Care Medicine

Eben I. Lichtman, MD Assistant Professor of Medicine, Division of Hematology

Giselle Mahoro, MD Assistant Professor of Medicine,

Division of Gastroenterology & Hepatology

Surva Manivannan, MD Assistant Professor of Medicine, Division of

Nephrology & Hypertension

Anthony J. Mazzella, MD Assistant Professor of Medicine, Division of Cardiology

Stephan Moll, MD

Professor of Medicine, Division of Hematology Kimberly Mournighan, MD

Assistant Professor of Medicine, Division of Geriatric Medicine

Joshua Niznik, PharmD, PhD Assistant Professor of Medicine, Division of Geriatric Medicine

Nicole M. Orzechowski. DO Associate Professor of Medicine, Division of Rheumatology, Allergy & Immunology

Craig C. Reed, MD, MSCR Assistant Professor of Medicine,

Division of Gastroenterology & Hepatology

Monica L. Revnolds, MD, MSCR Assistant Professor of Medicine, Division of

Nephrology & Hypertension

Janet Rubin, MD

Sarah Graham Kenan Distinguished Professor of Medicine, Division of Endocrinology

Katherine E. Scholand, MD Assistant Professor of Medicine.

Division of Gastroenterology & Hepatology Stephen A. Schworer, MD, PhD

Assistant Professor of Medicine, Division of Rheumatology, Allergy & Immunology

Arlene C. Seña, MD, MPH Associate Professor of Medicine. Division of Infectious Diseases

John R. Stephens, MD Professor of Medicine and Pediatrics,

Division of Hospital Medicine Nora Tolbert, MD

Assistant Professor of Medicine, Division of Cardiology

David J. Weber, MD, MPH Charles Addison and Elizabeth Ann Sanders Distinguished Professor of Medicine, Pediatrics, and Epidemiology, Schools of Medicine and Public Health, Division of Infectious Disease; Associate Chief Medical

H. Claire West. MD

Officer, UNC Health

Associate Professor of Medicine, Division of General Medicine & Clinical Epidemiology

Thelsa T. Weickert, MD Associate Professor of Medicine, Division of Cardiology

Samuel R. Wilson, MD, MSCR

Assistant Professor of Medicine, Division of Hematology

Faculty from other UNC Departments

Brooke A. Chidgey, MD

Associate Professor of Anesthesiology Katherine Croft, BSN, RN

Program Manager, Transgender Health Program, Department of Urology

William Fenner Griffin, MD

Assistant Professor of Radiology (Cardiothoracic Imaging)

Jennifer Kemper, MD Assistant Professor of Psychiatry

Jayson R Miedema, MD Assistant Professor of Dermatology; Dermatopathology Lab Director

Riley Smith, MD

Assistant Professor of Family Medicine

Nathaniel A Sowa, MD, PhD Assistant Professor of Psychiatry

Bradley V. Vaughn, MD

Professor of Neurology (Sleep Medicine and Epilepsy)

Katelin Zahn

Assistant Professor of Obstetrics & Gynecology (General Obstetrics, Gynecology, and Midwifery)