



Sanger SCAD Patient Symposium

Saturday, April 20, 2024 | 8:10am - 5:00pm

Sanger Heart & Vascular Institute

1237 Harding Place, Charlotte NC

The 2024 Sanger SCAD Patient Symposium will provide patients and their loved ones with information about spontaneous coronary artery dissection (SCAD). The symposium will also introduce attendees to resources to assist in their healing journey. Experts in SCAD will present educational sessions to answer the most common questions asked after a SCAD heart attack, and attendees will also participate in smaller breakout sessions addressing survivors' top concerns.

Through education and interactive sessions, the 2024 Sanger SCAD Patient Symposium will empower patients to actively participate with their healthcare teams to improve outcomes and quality of life. This symposium is presented in partnership with SCAD Alliance.



AGENDA

7:45	8:10	Registration & Coffee
8:10	9:00	Opening Remarks SCAD Alliance Remarks Advocate Remarks Finding Resilience in the Face of Uncertainty
9:00	10:05	Symptoms to Admission Patient Story: Symptoms to Challenging Diagnosis SCAD 101: EKG, Troponin, and Nitroglycerin Cardiology 101: Cardiac Testing How do I know when to go back to the ER and how do I best communicate my concerns?
10:05	10:20	BREAK
10:20	11:40	SCAD Strikes Patient Story: Diagnosis to Challenging Treatment Hospital Medications: What and Why? Procedures and Surgery: Stents, Balloons, and Bypass Recommendations and Rationale for the Treatment of Acute SCAD Q&A
11:40	12:10	Lunch
12:10	12:20	Raffle
12:20	1:20	The SCAD Workshop Session Introduction Group A: The Emotional Side of SCAD - How Are You Doing? Group B: Strategies for Family and Friends to Support a SCAD Survivor Group C: You As an Advocate: How to Spread the Word
1:20	1:35	BREAK - Back to Auditorium
1:35	1:55	Workshop Reports
1:55	3:25	At the Cardiologist Patient Story: Discharge to Clinic It's really real: PTSD and SCAD Cardiac Rehab: Why, When, and How Fibromuscular Dysplasia: What Patients Need to Know Genetic Testing: Who should be tested and what do the results mean? Q&A
3:25	4:15	Life After SCAD Patient Story: Journey to Healing Gynecologic and Obstetric Considerations After SCAD Lifestyle Medicine: Ways to Live Your Best Life with SCAD Practical Tips Living with SCAD: Maintaining Mental Health and Practicing Gratitude
4:15	5:00	Advocacy and Advancing Research in SCAD iSCAD Registry Update: What have we learned so far and where are we going? Closing Remarks Adjourn



Atrium Health
Sanger Heart & Vascular Institute

NC AHEC

Charlotte AHEC - Part of the NC AHEC Program

RECRUIT
TRAIN
RETAIN



SCAD
ALLIANCE