

## **Community Health Worker (Social Navigator) Shadowing Experience**

### Prepping for Your Shadowing Experience

- Remember the date and time for your shadowing experience day (Mark it in your calendar or in our phone)
- Location, Location Location...Make sure you have directions to where you are going
- Be On-Time (or even early)
- Dress appropriately
- Bring a notepad and pencil/pen to take notes
- Complete all necessary paperwork provided by South Piedmont AHEC or Care Ring
- Write down a list of questions to ask throughout the day or during a question-and-answer session at the end. Add to it as you go. Get specific with your questions and try not to be too vague or open-ended. Some great questions to help you get a better idea of the job include:
  - What classes or certifications can I take to get ahead in the field?
  - Do you like working in this field and at this company/organization?
  - What is your work-life balance like? Do you have free time?
  - Do you consider your job rewarding or enjoyable?
  - What are the biggest challenges of the job?
  - What are some benefits of working here?
  - What's your favorite and least favorite part of working here?