MPN Workshop of the Carolinas

Planning & Activity Guide





PART OF NC AHEC

Transportation

AI RPORTS

Asheville Regional Airport AVL: Located 20 minutes from the Omni Grove Park Inn www.flyavl.com

Greenville- Spartanburg Airport GSP: Located 75 minutes from the Omni Grove Park Inn www.gspairport.com

Charlotte Douglas International Airport CLT: Located 2 hours from the Omni Grove Park Inn www.charlotteairport.com

PARKING

Valet Parking Rates: Jan 1 – Sep 30: \$35 Oct 1 – Jan 2: \$40 Overnight Year Round: \$38

Self Parking Rates: Jan 1 – Sep 30 First 1 Hour: Complimentary 1 – 3 Hours: \$12 3 – 6 Hours: \$22 6 – 24 Hours: \$28 Oct 1 – Jan 2: \$30 Overnight Year Round: \$28

SHUTTLE

The Resort Shuttle is available to hotel guests and guests on property. The Resort Shuttle does not go offsite.

Arrival

CHECK-IN TIME | 4 P.M. CHECK-OUT TIME | 11 A.M

Early check-in requests cannot be guaranteed and will depend on hotel occupancy the evening prior. Photo ID will be required from each guest at check-in for security purposes. Each guest will also need to present a credit or debit card at check-in. It is recommended that guests use credit cards (not debit cards). Credit cards will be pre-authorized for the room rate plus \$150 per person per night on arrival to ensure funds are available. If a debit card is used, a hold will be placed on **the card for the room rate plus \$150 per person per night from the guest's account. This hold will be released three to five days after check-out based on the guest's bank.**



PART OF NC AHEC

Front Desk

BELLMAN BUS LUGGAGE ASSISTANCE:

\$50 per bus one way

ROOM DROPS

INSIDE ROOM:

\$5 per Room, per Guest for non name specific items.\$8 per Room, per Guest for name specific items.

UNDER DOOR:

\$3 per Room, per Guest (Includes Single Sheet Flyers or Other Convention Materials; Must be Non-Specific to an Individual Guest: i.e., No Guest Name or Room Numbers)

\$5 per Room, Per Guest for Name Specific items.

*Delivery Price May Vary, Based on Multiple Items & Specific Requirements *Deliveries are Scheduled Between 4 PM and 6 PM Unless Requested Otherwise; Items will be delivered after the guest check-in, delivery prior to arrival is not permitted.

POLICY:

All in-room deliveries will be delivered during the evening hours and not prior to check-in. **It's the resort's policy to not deliver gifts to rooms with "Do Not Disturb" signs posted.** These items will be left at the front desk for the guest. A message will be left under the guest's door to notify those who have an item waiting for them at guest services. Gift bags are not given out at the front desk. A 14-day notice is required for all room deliveries.

Medical

HOSPITALS AND CLINICS

Mission Hospital 509 Biltmore Ave. Asheville, NC 28801 3 Miles (12 Minutes) From Hotel

Mercy Urgent Care 1201 Patton Ave. Asheville, NC 28801 4.9 Miles (15 Minutes) From Hotel

PHARMACIES

CVS Pharmacy 612 Merrimon Ave. Asheville, NC 28804 1.2 Miles (5 Minutes) From Hotel

Walgreens Pharmacy 841 Merrimon Ave. Asheville, NC 28804 1.1 Miles (6 Minutes) From Hotel

SOUTH PIEDMONT AHEC

PART OF NC AHEC

History.



AUDIO HISTORY TOUR

Our Audio History Tour covers the history of E.W. Grove, the construction and early years of the resort, our Arts & Crafts style furniture and some of our most notable guests.

The tour lasts approximately 45 minutes and consists of walking and long periods of standing. We recommend bringing your own headphones for the tour. Phone adapters and headphones are available for purchase at The Marketplace.



SCAN TO JOIN THE TOUR ACCESS CODE: 1913

HISTORY SCAVENGER HUNT

Perfect for kids of all ages to learn about and witness the history of The Omni Grove Park Inn. Available anytime from the Conceirge.

INN-TERTAINING DOCUMENTARIES

Visit the Vanderbilt Wing Atrium to enjoy a series of short films about The Omni Grove Park Inn.

THE OMNI GROVE PARK INN STORY This short-film highlights Grove Park's history. THE MYSTERY OF GEORGE MASA

THE MYSTERY OF GEORGE MASA

An excerpt from the documentary about the life of this remarkable photographer.

THE PINK LADY STORY

Uncover the story of The Pink Lady, Grove Park's friendly spirit.

These videos run every day from 8am-8pm.

CADILLACS OF THEN AND NOW

Check out the Cadillacs in the Courtyard, directly across from the Main Inn entrance. The 1917 Cadillac, heralded the 7 Passenger Touring Car, was revered as the most enjoyable and luxurious motoring experience for its time. It can be found beside a modern Cadillac Escalade, showcasing the timeless elegance of both vehicles. Read more about the history of Cadillac while taking a closer look at both vehicles.

The 1917 Cadillac may be moved to it's garage during inclimate weather and will be made available for viewing again once weather permits.

Dining. For hours and reservations, please call ext. 1011.

VUE 1913 D | **C** | **R** WED-SUN 5P.M.-10P.M.

American twist on a classic European style, offering a comfortable and stylish setting designed only with the love of food in mind.

SUNSET TERRACE L| D| C| R LUNCH DAILY 11A.M.-3P.M. DINNER DAILY 4:30P.M.-10P.M.

Iconic chophouse with uninterrupted views of the Blue Ridge Mountains, open for lunch and dinner.

BLUE RIDGE ≞ | L | D | C BREAKFAST DAILY 7A.M.-10:30A.M. DINNER FRI-SAT 5P.M.-9P.M. BRUNCH SUN 12P.M.-2:30P.M.

Chef-inspired experience with award-winning buffet stations and panoramic views. "DAILY BREAKFAST SERVICE DOES NOT REQUIRE RESERVATIONS."

EDISON, craft ales+kitchen L|P|C|B MON-THURS 4P.M.-10P.M. FRI 4P.M.-11P.M. SAT 11A.M.-11P.M. SUN 11A.M.-10P.M. Inventive restaurant and bar with a

contemporary, fun and artistic setting.

GREAT HALL BAR ⊆ | LF SUN-THURS 11A.M.-11P.M. FRI-SAT 11A.M.-12A.M. LIVE MUSIC DAILY: 7P.M.-10P.M.

Enjoy a variety of beer, wine and signature cocktails at this iconic bar. For food service, please seat yourself at a table in the lobby and a server will be around to assist you.

THE MARKETPLACE □ | **□** | **A** SUN-THURS 6:30A.M.-9P.M. FRI-SAT 6:30A.M.-10P.M.

Visit The Marketplace, located on the lobby level of the Vanderbilt Wing for breakfast, lunch, dinner and snacks on the go. Offering everything from pastries, lattes, pizza by the slice and ice cream to satisfy your sweet tooth; The Marketplace has something for everyone.

RESTAURANT-IN-ROOM B | D BREAKFAST DAILY 6:30A.M.-10A.M. DINNER SUN-THURS 6:30P.M.-11P.M. DINNER FRI-SAT 6:30P.M.-1A.M.

Choose from a variety of meals, desserts, and beverages all in the comfort of your guest room. **EXT.1515**



Check menus, hours of operation or book a reservation. *Reservations recommended for most outlets. See Concierge for assistance.* **EXT: 7005**

SPA CAFÉ ⊥|⊆ LUNCH DAILY 11A.M.-5P.M.

Relax with a light meal and juice or Champagne in this intimate dining spot, located adjacent to The Spa.

CABANA GRILL & BAR ∟ | □ | ⊆ WED-SUN 11A.M.-7P.M. STARTING JULY 1, DAILY 11A.M.-7P.M.

Enjoy your summer favorites poolside or make a stop along the course to refuel, located adjacent to the Golf Pro Shop and Outdoor Pool. Check out the Summer of Citrus menu, offered exclusively at the Cabana Grill & Bar with summer fare for adults and kids alike.



DUE TO NORTH CAROLINA LAW, ALCOHOL WILL NOT BE SERVED PRIOR TO 10A.M. ON SUNDAYS.

Featured.

THE SPA R SUN-THURS 8A.M.-6P.M. FRI-SAT 8A.M.-7P.M.

Enjoy 43,000 square feet of relaxation with our many water features, two therapeutic waterfall pools, a lap pool under 6,500 fiber-optic stars with underwater music, dry sauna, eucalyptus steam room, cold plunge and more. **EXT. 7720**

SPA TREATMENTS | Choose your way to relax from one of our many personalized treatments. Any Spa treatment grants all-day access to all Spa amenities for the day of the treatment. Booking appointments in advance of your stay is recommended. To check availability, please call 800-438-5800, between 9am and 6pm.

SPA DAY PASSES | Purchase of a Spa Day Pass grants access to Spa Pools and all amenities on the day of reservation only. **CHECK-IN FOR DAY PASSES BEGINS AT 10A.M. EXT. 7720**

SPA BOUTIQUE | Take home your Spa experience. **SEE BELOW FOR MORE INFORMATION. EXT. 7740**

UPCOMING EVENTS

We always have something to look forward to! Scan the QR code to check out upcoming events. From Gingerbread in July to our summer activities, the fun never stops.



Scan for upcoming event details.

SUMMER MUSIC SERIES SAT 1P.M.-3P.M.

Sit back, relax and enjoy the mountains poolside. Grab a lounge chair and enjoy live music at the outdoor pool.

*WEATHER PERMITTING

Hotel Amenities.

ENTERTAINING ELAINE'S DUELING PIANO BAR © THURS-SAT 8:30P.M.-1A.M.

High-energy entertainment of dueling pianos with comedic relief, located on level "E" of the Vanderbilt Wing atrium. *MUST BE 21+

PRESIDENTS LOUNGE ⊆ | LF WED-SUN 4P.M.-10P.M.

Catered to before and after dinner plans, savor fine wines, handcrafted cocktails and small plates with views of Asheville's cityscape and the Blue Ridge Mountains.

SUNSET COCKTAIL TERRACE C LE DAILY 11A.M.-9P.M.

Watch the sun sink behind the mountains with a handcrafted cocktail or local beer and light bite. ***WEATHER PERMITTING**

<u>PLAYING</u> GOLF

This legendary Donald Ross-designed 18-hole course offers unique holes positioned throughout our rolling landscape with tree-lined fairways and receptive bent greens. **EXT. 1012**

INTRODUCTION TO GOLF

This introduction to the game of golf is a clinic that covers basic rules, etiquette and the PGAs of golf (posture, grip and alignment). Clubs will be provided. Offered Tuesday – Saturday, 11:15am to noon, weather permitting. Please call 24 hours in advance to sign up at **EXT. 1034**

SPORTS COMPLEX MON-SAT 6A.M.-10P.M. SUN 7A.M.-10P.M.

Get energized in fitness classes like yoga and body sculpt or work up a sweat with Peloton bikes, elliptical trainers, free weights and over 20 strength building stations. See Concierge for Fitness Class Schedule. **EXT. 1046**

OUTDOOR POOL DAILY 10A.M.-8P.M.

Visit our seasonal outdoor pool located adjacent to the Cabana Grill & Bar and the Golf Pro Shop. Property shuttles are available for transportation to and from the resort. **EXT. 1046 *WEATHER PERMITTING**

INDOOR POOL

Indoor fitness and family pool kept at the ideal temperature for year round enjoyment. Located at the Sports Complex. **EXT. 1046**

TENNIS & PICKLEBALL

One of the "50 Greatest Tennis Resorts" as rated by Tennis Magazine, featuring three indoor and three outdoor courts, lessons and clinics. Indoor pickleball courts and equipment available upon request. Located at the Sports Complex. **EXT. 1046**

SUNSET TRAIL

Our hiking trail travels within our property up Sunset Mountain and is appropriate for all skill levels and ages. The Sunset Trail originally opened in 1913, along with the hotel, to offer guests an accessible form of exercise in the clean, healing mountain air. Our mountains are home to a large variety of wildlife. For your safety, please follow these general recommendations: Avoid hiking alone – do not carry food – leash your pet(s) – never approach wildlife – be alert. In case of a wildlife encounter: Stay calm – make noise – slowly back away facing the animal – DO NOT TURN AND RUN. Please alert hotel officials immediately. Hike at your own risk.

SHOPPING THE MARKETPLACE A SUN-THURS 6:30A.M.-9P.M. FRI-SAT 6:30A.M.-10P.M.

Enjoy a variety of grab-and-go items while you peruse locally sourced goodies, gifts and mementos from your visit. Located on the lobby level of the Vanderbilt Wing.

SPA BOUTIQUE SUN-THURS 8A.M.-6P.M. FRI-SAT 8A.M.-7P.M.

Take home your Spa experience with products from our signature Spa line, skin and body elixirs, clothing, gift baskets and more. Located adjacent to The Spa Lobby. **EXT.7740**

CLOTH

DAILY 10A.M.-6P.M. A boutique that features apparel, jewelry and accessories along with American-made goods from local and regional artisans. Located on the lobby level of the Vanderbilt Wing. EXT. 8618

SEASONS TUES 10A.M.-2P.M.

TUES 10A.M.-2P.M. WED-SAT 10A.M.-6P.M. SUN 9A.M.-1P.M.

A Christmas shop offering home décor and products from every season. Located on the lobby level of the Sammons Wing. **EXT. 8621**

GOLF PRO SHOP

Check out the full line of golf gear and apparel by Callaway, Greyson, Stitch, Footjoy, Adidas, and Travis Matthew. Please see the Guest Services Desk to request the shuttle. **EXT. 1034**

N.O.C.

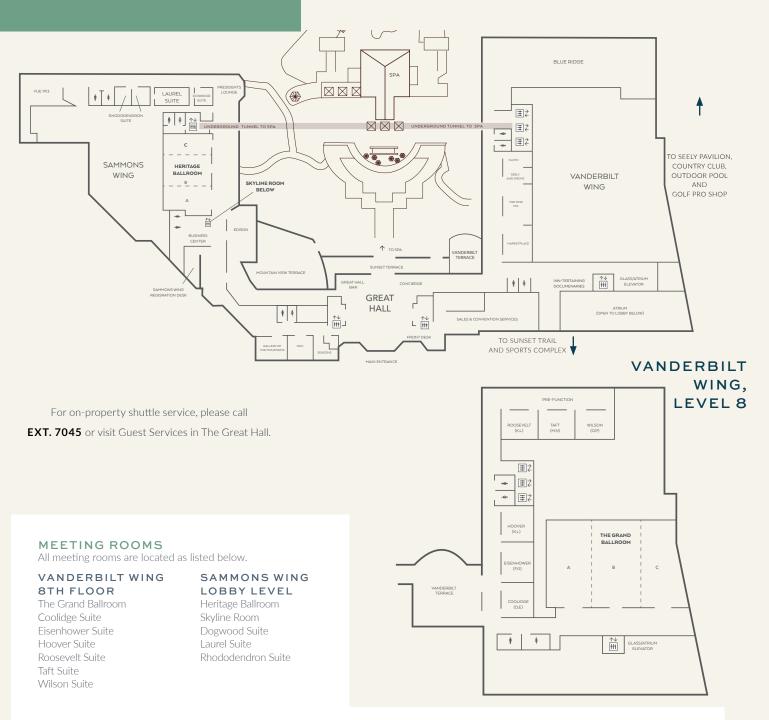
The Nantahala Outdoor Center's Asheville Basecamp is your resource for outdoor gear and regional activities like whitewater rafting, ziplining and more. **EXT. 7238**

GALLERY OF THE MOUNTAINS

Delight in jewelry and handcrafted items created by artisans of the Southern Appalachian area. **EXT. 8101**



Resort Map.



GUEST ROOMS

MAIN INN All three-digit rooms are located in the Main Inn

SAMMONS WING All four-digit rooms ending with the numbers 11-44 are located in the Sammons Wing

VANDERBILT WING All four-digit rooms ending with the numbers 50-77 are located in the Vanderbilt Wing

SPATUNNEL

SPA

Take the guest floor elevators in the Sammons or Vanderbilt Wing to access The Spa tunnel.

GLASS ELEVATOR

ELAINE'S DUELING PIANO BAR Take the single Atrium elevator to level 'E' in the Vanderbilt Wing.

The Omni Grove Park Inn is a smoke-free property with designated outdoor smoking areas.



FITNESS SCHEDULE

For our Fitness Class Schedule and more information about our Sports Complex, scan this QR code from your mobile device.

ELAINE'S DUELING PIANO BAR

Dance and sing the night away as live musicians entertain with music and comedy alike. The perfect way to end a friends night out or romantic date. *No cover. Must be 21 or older to enter.*



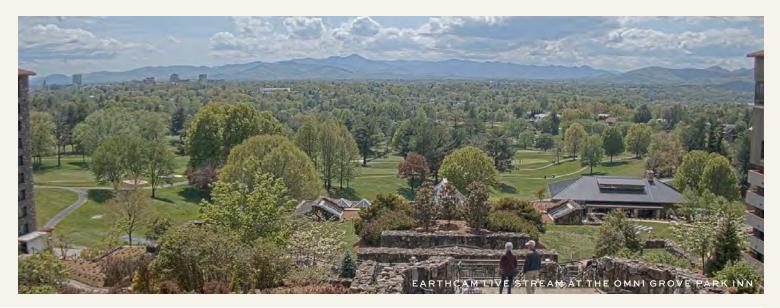


THE WALL STREET JOURNAL.

Use your mobile device to browse a complimentary copy of today's Wall Street Journal. Text **WSJ-OMNI** to **833-979-0710** or scan this code EARTHCAM LIVE STREAM

Enjoy awe-inspiring panoramic views of the Blue Ridge Mountains through our EarthCam Live Stream. Mt. Pisgah, he city skyline and endless sunsets are a few things that can be spotted.





WE WANT TO HEAR FROM YOU













Tag and share your stay with us and see more of The Omni Grove Park Inn on Instagram and Facebook.







For information and nearby attractions, please see the Concierge Desk in The Great Hall.

Nearby Attractions.

NO TASTE LIKE HOME FORAGING TOUR **B**

Wander our very own Sunset Trail with expert guides, learning, tasting and gathering. That evening, enjoy customized dishes using the edibles seen on the tour at Vue 1913.

BLUE RIDGE PARKWAY OP

With so many options for adventures and ways to take in the views, you'll have a hard time choosing! See the Concierge for hiking recommendations and details. *We do not recommend using a driving service for hiking transportation.*

GROVEWOOD GALLERY

If you enjoyed Gallery of the Mountains, the craftmanship continues at Grovewood Gallery with 9,000 square feet of artisan-made jewelry, textiles, pottery, glass and more.

ESTES-WINN ANTIQUE CAR MUSEUM

This prized collection of antique cars includes vintage automobiles like a rare 1957 Cadillac Eldorado Brougham and Asheville's 1922 American LaFrance fire truck.

NORTH CAROLINA ARBORETUM

Located in South Asheville, the NC Arboretum offers groomed trails, cultivated gardens, educational exhibits and more.

ASHEVILLE MUSEUM OF SCIENCE R OP

AMOS is an experience based museum with many playful, hands-on exhibits for children of all ages to enjoy.

GREYLINE TROLLEY TOURS R

Try this hop-on, hop-off trolley tour. Learn the rich history of Asheville as you take in the architechture and views or linger longer at your favorite stops. *Tickets available for purchase at the Conciege desk.*

GROVE ARCADE OP

E.W. Grove opened Asheville's original mall in 1929. Guests today enjoy rich history and ornate architecture while exploring.

MOUNTAINEER MOTORS OP

Enjoy an intimate tour of the Asheville area from the back seat of an open air Model T.

BILTMORE ESTATE R OP

Tour George Vanderbilt's 250-room castle and 8,000 acres of grounds. *Special ticket rate available for guests of The Omni Grove Park Inn, see Concierge for online discount code.*

Select Guest.

Our Select Guest loyalty program rewards you starting on your first stay with complimentary in-room Wi-Fi, two complimentary non-alcoholic beverages at The Marketplace for each night of your stay, and the opportunity to earn free nights. Sign up at OMNIHOTELS.COM/LOYALTY

Reservations recommended
 All-day dining

₩ Weekly

Featured

■ Serves breakfast
 ■ Serves lunch
 ■ Serves dinner

⊆ Serves cocktails LE Serves light fare OP Off property

For hotel information, please contact the operator at $828\mathchar`-252\mathchar`-2711$ or dial EXT. O from any hotel phone.

RESORT DRESS CODE Resort casual attire is preferred. Bathing suits and bathrobes are discouraged in the Great Hall.

ALCOHOL It is against NC State Law to bring alcohol to any public areas of The Omni Grove Park Inn.

DAILY RESORT CHARGE AMENITIES

- Premium high-speed internet
- In-room coffee and tea
- Two bottled waters, replaced daily
 On-property shuttle service
- Access to the Sports
 Complex with indoor pool,
 outdoor tennis courts
- Access to seasonal outdoor poolAdmission to the
- Introduction to Golf class
 Tues. Sat., reservations required
 Audio History Tour
- Access to the Sunset Trail
- Access to the Business Center



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