

SOUTH PIEDMONT AHEC

PART OF NC AHEC



40th Annual Mid-Atlantic Area Society for Parenteral & Enteral Nutrition (MASPEN) Conference

October 24, 2025 | 8:30 AM – 4:30 PM

**South Piedmont AHEC | Center for Learning and Development
5039 Airport Center Parkway, Building K, Charlotte, NC 28208**

***We look forward to seeing you in-person
at our South Piedmont AHEC Center for Learning and Development location.***

Target Audience

Dietitians, Nurses, Pharmacists, Physicians and all other healthcare professionals interested in nutrition support.

Goal

LEARN the newest evidence-based practices for caring for adult and pediatric patients receiving parenteral and enteral nutrition.

This educational conference will address current challenges in providing nutrition support therapy and provide clinicians with scientific literature and practice recommendations supporting best practices to promote safe and effective therapy.

Learning Objectives

At completion of this knowledge-based activity, the participant should be able to:

- Explain the mechanism of action and side effects of GLP-1 medications.
- Identify resources for parenteral nutrition-related drug shortage mitigation strategies.
- Understanding Nutrition for Burn Recovery
- Identify the cutting-edge new data for optimizing our own health, longevity and health span, prehabilitation and ICU/Surgery
- Understand pediatric nutritional management

**This Symposium is Jointly Sponsored by
South Piedmont AHEC and MASPEN, in collaboration
with the UNC Eshelman School of Pharmacy.**

maspen | MID ATLANTIC AREA SOCIETY FOR
PARENTERAL AND ENTERAL NUTRITION
A Chapter of the American Society for Parenteral And Enteral Nutrition

NC AHEC

**RECRUIT
TRAIN
RETAIN**

South Piedmont AHEC
Part of the NC AHEC Program



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Course Fees

\$130.00 Earlybird Registration (*Deadline is Friday, October 10th*)

\$145.00 Registration

CE Credit

South Piedmont AHEC provides 0.60 Continuing Education Units / 6.0 Contact Hours

Dietitian Credit

This activity has been approved by the Commission on Dietetic Registration for 6.0 Hours of Continuing Professional Education (CPE Credit) - **Activity # Coming Soon!**

6.0 Contact Hours of Continuing Pharmacy Education Credit:



The University Of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The program ACPE # 0046-9999-25-208-L99-P (Pharmacists) provides 6.0 contact hours of continuing pharmacy education credit. To receive CE credit, you must complete the CE attendance form and the evaluation of the program.

Statement of credit can be viewed and printed in CPE Monitor. Statements of CE Credit will be processed in approximately 2 to 3 weeks.

****No partial credit will be available****

Disclosure Statement

In accordance with the Accreditation Council for Pharmacy Education's Guidelines for Standards for Commercial Support, anyone involved in planning or presenting at this educational activity will be required to disclose any relevant financial relationships with commercial interests in the healthcare industry. This information will be made available to participants at the beginning of the activity. Speakers who incorporate information about off-label or investigational use of drugs or devices will be asked to disclose this information at the beginning of their presentation.

Faculty

Tonya Turner, MPH, RDN, LDN

Clinical Nutrition Manager
Medical University of South Carolina
Charleston, South Carolina

Rebecca Fuller, RD-AP, LD, CNSC

Advanced Practice Dietitian & Nutrition
Support Tube Team Lead
Medical University of South Carolina
Charleston, South Carolina

Sara Bliss, PharmD, BCPS,

BCCCP, FASPEN

Clinical Pharmacist, Nutrition Support
Department of Pharmacy
University of North Carolina Medical Center
Chapel Hill, North Carolina

Jordan Lynzee Schultz, MS, RDN, CSP, LDN

NICU Clinical Dietitian
Atrium Health Levine Children's Brenner
Children's Hospital
Winston Salem, North Carolina

Paul Wishmeyer, M.D., E.D.I.C, FASPEN, FCCM

Professor of Anesthesiology and Surgery
Associate Vice Chair for Clinical Research,
Department of Anesthesiology
Physician Director, TPN/Nutrition Support
Service, DUH
Director, Duke Online Clinical Nutrition
Fellowship
Duke University School of Medicine
Durham, North Carolina

Emily Coscia, RD MS, RD, LDN, CNSC

Lead Nutrition Support Dietitian and
Surgical/Trauma ICU Dietitian
UNC Chapel Hill Medical Center
Chapel Hill, North Carolina

Sierra Nager, RD, LDN, CNSC

Pediatric Abdominal Transplant and
Intestinal Rehabilitation Dietitian
Duke University Hospital
Durham, North Carolina

Leslie C. Murray, RD, LDN, CNSC

Clinical Dietitian, Nutrition Support
Nutrition Services, Adult Inpatient
Duke University Health System
Durham, North Carolina



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Agenda

FRIDAY, October 24, 2025

8:00 – 8:30 AM	Registration/Breakfast
8:30 – 8:45 AM	Welcome and Introduction Cathy Ricker, MS RD LD CNSC
8:30 – 9:45 AM	Parenteral Nutrition (PN) Shortages—Implications for Practice Sara Bliss, PharmD, BCPS, BCNSP, BCCCP, FASPEN
9:45 – 10:45 AM	Nutrition Management of Patients on GLP-1 Medication for Weight Loss Tonya Turner, MPH, RDN, LDN
10:45 – 11:00 AM	Break/Exhibitors/Poster Presentations
11:00 – 12:00 PM	Healing from the Inside Out: Nutrition as the Cornerstone of Burn Recovery Rebecca Fuller, RD-AP, LD, CNSC
12:00 – 1:00 PM	Lunch/Exhibitors/Poster Presentations
1:00 – 2:30 PM	The Future of Prehabilitation and ICU/Surgery Recovery Clinics: Why It Matters to Everyone's Health! Paul Wischmeyer M.D., E.D.I.C., FASPEN, FCCM
2:30 – 4:00 PM	Facilitated Learning Sessions (Select 3): (25 minutes each) Target protein fortification based on breast milk analysis Jordan Shultz, RD TPN management of pediatric patients in the home setting Sierra Nager, RD, LDN, CNSC Mission Possible: A Bigger & Better Nutrition Support Team. Reflection & Inspiration from UNC's Journey Expanding Their Nutrition Support Team Emily Coscia, RD, MS, RD, LDN, CNSC Parenteral Nutrition 101: Macronutrients and Micronutrients Made Easy Sara Bliss, PharmD, BCPS, BCNSP, BCCCP, FASPEN The High Output Stoma: Taming the Torrent with Targeted Nutrition Interventions Leslie C. Murray, RD, LDN, CNSC
4:00 – 4:15 PM	Break/Exhibitors/Poster Presentations
4:15 – 4:30 PM	Wrap-up/Evaluations/Adjourn

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Registration and Payment Information



Scan the QR Code or visit the South Piedmont AHEC website (www.southpiedmontahec.org) to register.

Sponsors



You are invited to sponsor the 40th Annual Mid-Atlantic Area Society for Parenteral and Enteral Nutrition (MASPEN) Conference. Scan the QR Code to view multiple sponsorship levels!

Contact

Jorge Rudko, Education Specialist
Jorge.Rudko@AdvocateHealth.org

ADA Statement

If you need any auxiliary aids or services identified in the American with Disabilities Act in order to attend this conference, please contact Jorge Rudko.

Cancellation Policy

- South Piedmont AHEC follows the Charlotte-Mecklenburg School System cancellation schedule for workshops at the Center for Learning and Development.
- Participants that are registered for a live or online workshop and cancel between 2-weeks and up to 48-hours prior to the program will receive a 70% refund or full credit toward a future South Piedmont AHEC program.
- If you cancel more than 2-weeks in advance of the workshop, there is a \$25 cancellation fee or full credit toward a future South Piedmont AHEC program.
- No refunds will be given for individuals who cancel less than 48-hours prior to the program.
- No transfers or refunds will be given for no-shows. Substitutes are welcome (please notify us in advance of the program).

Cancellations MUST be made in writing (fax, mail, or email).

Planning Committee

Emily Barnes, BA

Education Specialist
South Piedmont AHEC
Charlotte, NC

Amy Bilbo MS, RD, CSO, LD, CNSC

MSICU Clinical Dietitian, Nutrition Support
Team Lead
Medical University of South Carolina
Charleston, SC

Kelly Blasky, MPH

Director, Behavioral Health, Allied and Public
Health Education, South Piedmont AHEC
Charlotte, NC

Leanne Chavis, MS, RD, LDN, CNSC

Clinical Dietitian
Cone Health
Greensboro, NC

Kaci Favreau, MS, RD, LDN, CNSC

Clinical Dietitian
Medical/Medical Oncology ICU
Atrium Health Wake Forest Baptist
Winston-Salem, NC

Josh Guffey, PharmD, BCACP, BCPS

Director, Pharmacy Education
Center for Advanced Practice and Charlotte
AHEC / Carolinas Medical Center
Assistant Professor, UNC Eshelman
School of Pharmacy
Charlotte, NC

Jessica Justice, RD, LDN, CNSC

Clinical Nutrition Manager
Prisma Health Richland
Columbia, SC

Leslie C. Murray, RD, LDN, CNSC

Clinical Dietitian, Nutrition Support
Nutrition Services, Adult Inpatient
Duke University Health System
Durham, NC

Cathy Ricker, MS, RD, LD, CNSC

Critical Care | Neurosurgery
Medical University of South Carolina
Charleston, SC

Jorge Rudko, BTECH, CI

Education Specialist, Behavioral Health,
Allied and Public Health Education
South Piedmont AHEC
Charlotte, NC

Claire S. Tidwell, MS, RDN, LD, CNSC

Clinical Nutrition
Columbia VA Health Care System
Columbia, SC