

SOUTH PIEDMONT AHEC

PART OF NC AHEC



41st Annual Mid-Atlantic Area Society for Parenteral & Enteral Nutrition (MASPEN) Conference

October 16, 2026 | 8:30 AM – 4:30 PM

**South Piedmont AHEC | Center for Learning and Development
5039 Airport Center Parkway, Building K, Charlotte, NC 28208**

***We look forward to seeing you in-person
at our South Piedmont AHEC Center for Learning and Development location.***

Target Audience

Dietitians, Nurses, Pharmacists, Physicians and all other healthcare professionals interested in nutrition support.

Goal

LEARN the newest evidence-based practices for caring for adult and pediatric patients receiving parenteral and enteral nutrition.

This educational conference will address current challenges in providing nutrition support therapy and provide clinicians with scientific literature and practice recommendations supporting best practices to promote safe and effective therapy.

**This Symposium is Jointly Sponsored by
South Piedmont AHEC and MASPEN, in collaboration
with the UNC Eshelman School of Pharmacy.**

Learning Objectives

At completion of this knowledge-based activity, the participant should be able to:

- Describe current evidence-based practices for nutrition support in critically ill patients.
- Explain principles of parenteral nutrition stability and compatibility.
- Understand pediatric nutritional management of short bowel syndrome and the role of GLP-2 analogs in intestinal failure.
- Recognize and manage faltering weight in children using current diagnostic criteria and evidence-based nutrition strategies.
- Describe best practices for home enteral and home parenteral nutrition, including patient education and equipment management.
- Identify the essential components of a successful scientific abstract for professional meetings.



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Course Fees

\$130.00 Earlybird Registration (*Deadline is Friday, October 10th*)
\$145.00 Registration

CE Credit

South Piedmont AHEC provides 0.60 Continuing Education Units / 6.0 Contact Hours

Dietitian Credit

The CPE activity application for this event is pending CDR review and approval for 6.0 Hours of Continuing Professional Education (CPE Credit) - **Activity # Coming Soon!**

6.0 Contact Hours of Continuing Pharmacy Education Credit:



The University Of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The program ACPE # T/C (Pharmacists) provides 6.0 contact hours of continuing pharmacy education credit. To receive CE credit, you must complete the CE attendance form and the evaluation of the program.

Statement of credit can be viewed and printed in CPE Monitor. Statements of CE Credit will be processed in approximately 2 to 3 weeks.

****No partial credit will be available****

Disclosure Statement

In accordance with the Accreditation Council for Pharmacy Education's Guidelines for Standards for Commercial Support, anyone involved in planning or presenting at this educational activity will be required to disclose any relevant financial relationships with commercial interests in the healthcare industry. This information will be made available to participants at the beginning of the activity. Speakers who incorporate information about off-label or investigational use of drugs or devices will be asked to disclose this information at the beginning of their presentation.

Faculty

Arun Ajmera, MD, FAAP

Assistant Professor of Pediatrics
Medical Director, Duke Children's Hospital
Intestinal Rehabilitation Program (CHIRP)
Duke University - Duke University School
of Medicine
Department of Pediatrics - Division of
Pediatric Gastroenterology, Hepatology,
and Nutrition
Durham, North Carolina

Hannah Burgoon, MS, RD, LDN, CNCS

Pediatric Dietitian
Department of Nutrition Services
Duke University Hospital
Durham, North Carolina

Molly Cromer, MS, RD, LDN, CNSC

Dietitian/Nutrition Account Manager
Nutrishare
Durham, North Carolina

Julia Esposito, RD

Client Relations Director
Aveanna Healthcare
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Kayla Hopinks, RDN

Dietitian Specialist
Adult Health Gastroenterologist
Charlotte, North Carolina

Eva Kinzer, FNP

Motility Nurse Practitioner
Atrium Health Gastroenterology
Charlotte, North Carolina

Kristy Paley, MS, RD, CSPCC, LDN

Pediatric Inpatient Team Lead
Pediatric Dietitian III, Pediatric
Intensive Care Unit
Duke Children's Hospital
Durham, North Carolina

Melissa Lynch, RN, BSN

Nutrishare
National Field Sales Trainer
Minneapolis, MN

Stacy Pelekhaty, MS, RDN, LDN, CNSC, FAND, FASPEN

Senior Clinical Nutrition Specialist
R Adams Cowley Shock Trauma Center UM
Medical Center
Baltimore, Maryland

Gordon Sacks, PharmD, BCNSP, FASPEN, FCCP

Nutrition Support, Clinical Pharmacy
Practitioner
University of North Carolina Medical Center
Chapel Hill, North Carolina

Mary Jo Turner, RD, LD

Oncology Dietitian
Nutrition Department
Hollings Cancer Center
Charleston, South Carolina

Hilary Winthrop, MS, RD, LDN CNSC

Clinical Research Coordinator, Tier 3 *Duke
Office of Clinical Research (DOCR)*
Registered Dietitian
Duke University Hospital (DUH) Durham,
North Carolina

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Agenda

8:00 – 8:30 AM	Registration/Breakfast
8:30 – 8:45 AM	Welcome and Introduction Leslie C. Murray, RD, LDN, CNSC
8:45 – 10:15 AM	Nutritional Management of Pediatric Short Bowel Syndrome / GLP-2 Analogs in Intestinal Failure Arun Ajmera, MD, FAAP From Safety Event to Safer Practice: Standardizing Premixed Iron for Pediatric Parenteral Nutrition Single-Center Outcomes on GLP-2 Analog Use from a Dietitian's View Hannah Burgoon, MS, RD, LDN, CNSC
10:15– 11:15 AM	Making sense of the Madness, Understanding PN Compatibility & Stability Issues Gordon Sacks, PharmD, BCNSP, FASPEN, FCCP
11:15 – 11:30 AM	Break/Exhibitors/Poster Presentations
11:30 – 12:30 PM	Critical Care Nutrition Stacy Pelekhaty, MS, RDN, LDN, CNSC, FAND, FASPEN
12:30 – 1:30 PM	Lunch/Exhibitors/Poster Presentations
1:30 – 3:00 PM	Facilitated Learning Sessions (Select 3): (25 minutes each) From Failure to Thrive to Faltering Weight: Practical Application of the New Pediatric Diagnostic Criteria Kristy Paley, MS, RD, CSPCC, LDN Abstract and Poster Writing Development Hilary Winthrop, MS, RD, LDN, CNSC Hands-On Home Enteral Nutrition Demonstration Julia Esposito, RD Hands-On HPN: Pumps, Supplies, and Setup in Real Time Molly Cromer, MS, RD, LDN, CNSC & Melissa Lynch, RN, BSN ASPEN Head and Neck Cancer Guidelines Mary Jo Turner, RD, LD
3:00 – 3:15 PM	Break/Exhibitors/Poster Presentations
3:15 – 4:15 PM	To Motility and Beyond Kayla Hopinks, RD, LDN, CNSC & Eva Kinzer, FNP
4:15 – 4:30 PM	Wrap-up/Evaluations/Adjourn

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Registration and Payment Information



Scan the QR Code or visit the South Piedmont AHEC website (www.southpiedmontahec.org) to register.

Sponsors



You are invited to sponsor the 41st Annual Mid-Atlantic Area Society for Parenteral and Enteral Nutrition (MASPEN) Conference. Scan the QR Code to view multiple sponsorship levels!

Contact

Jorge Rudko, BTECH, CI
Jorge.Rudko@AdvocateHealth.org

ADA Statement

If you need any auxiliary aids or services identified in the American with Disabilities Act in order to attend this conference, please contact Jorge Rudko.

Cancellation Policy

- South Piedmont AHEC follows the Charlotte-Mecklenburg School System cancellation schedule for workshops at the Center for Learning and Development.
- Participants that are registered for a live or online workshop and cancel between 2-weeks and up to 48-hours prior to the program will receive a 70% refund or full credit toward a future South Piedmont AHEC program.
- If you cancel more than 2-weeks in advance of the workshop, there is a \$25 cancellation fee or full credit toward a future South Piedmont AHEC program.
- No refunds will be given for individuals who cancel less than 48-hours prior to the program.
- No transfers or refunds will be given for no-shows. Substitutes are welcome (please notify us in advance of the program).

Cancellations MUST be made in writing (fax, mail, or email).

Planning Committee

Emily Barnes, BA

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Charlotte, NC

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