

# SOUTH PIEDMONT AHEC

PART OF NC AHEC

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## Leadership at Lunch: Bite-Sized Learning for Big Impact

Level up your leadership skills in just 60 minutes with our exciting and convenient Leadership at Lunch classes! Delivering powerful solutions to today's leadership pitfalls in a way that fits your schedule, our virtual webinars are just what new (and not so-new) healthcare leaders need to thrive!

NEW FEATURE: All Leadership classes are eligible for ACHE Qualifying Education Hours. By participating, you can earn these hours toward initial certification or recertification for the Fellow of the American College of Healthcare Executives (FACHE) designation.

We can also tailor these classes for your company's retreats or team-building activities.

[Legal and Ethical Foundations of AI in Healthcare](#)

January 15th, 2026 | 12:00pm-1:00pm

[Leading with Emotional Intelligence in Healthcare: Fostering Psychological Safety Across Various Roles and Teams](#)

January 27th, 2026 | 12:00pm-1:00pm

[Back to the Future: Communication Strategies Across Generations](#)

February 4th, 2026 | 12:00pm-1:00pm

[Cultural Competence: Cross-Cultural Communication in Healthcare](#)

February 10th, 2026 | 12:00pm-1:00pm

[Networking through Belonging: Making Meaningful Connections](#)

February 19th, 2026 | 12:00pm-1:00pm

[Leading Through the Fire: Building Resilience and Combating Burnout in Nursing Leadership](#)

February 26th, 2026 | 12:00pm-1:00pm

[The Self-Aware Leader: Strengthening Emotional Health and Self-Management in Healthcare](#)

March 4th, 2026 | 12:00pm-1:00pm

[Handling Challenging Conversations through Strategic Communication to Promote De-escalation and Influence](#)

March 10th, 2026 | 12:00pm-1:00pm

[Keeping the Heart of the Team: Retention and Appreciation in Healthcare](#)

March 31st, 2026 | 12:00pm-1:00pm

[Hot Flashes & Cool Heads: Supporting Women Through Perimenopause and Menopause](#)

April 2nd, 2026 | 12:00pm-1:00pm

[From Colleagues to Collaborators: Boosting Connection & Engagement at Work](#)

April 16th, 2026 | 12:00pm-1:00pm

[Stronger Selves: Building Growth Through Boundaries](#)

April 30th, 2026 | 12:00pm-1:00pm

[Embracing Change, Choosing Growth, and Thriving Through Transitions Part 1 & 2](#)

May 5th, 2026 and May 19th, 2026 | 12:00pm-1:00pm

[Defining Your Value: It Starts with YOU!](#)

May 26th, 2026 | 12:00pm-1:00pm

[Conflict Management: Essential Skills for Emerging Leaders](#)

August 4th, 2026 | 12:00pm-1:00pm

[Happier Workers, Higher Morale, Enhanced Performance: Create a Healthier Team Micro-Culture](#)

September 2nd, 2026 | 12:00pm-1:00pm

[What You Need to Know for Your First Leadership Role](#)

September 15th, 2026 | 12:00pm-1:00pm