**PERSONAL PROTECTIVE EQUIPMENT (PPE) COMPETENCY VALIDATION**
**Donning and Doffing**
**Standard Precautions and Transmission Based Precautions**

**Type of Validation:**
- [ ] Orientation
- [ ] Annual
- [ ] Other

**Student Name:**
Health Sciences Profession

### DONNING PPE

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1. Performs hand hygiene
2. Dons Gown
   - a. Inserts head through top opening
   - b. Inserts arms into sleeves with opening in the back
   - c. Wraps ties around back, tying bow in the back
   - d. Ensures coverage of torso from chest to knees and arms to end of wrists
3. Dons Surgical Mask or N95/Respirator
   - **Surgical Mask:**
     - a. Secures ties/bands at middle of head & neck or elastic bands behind ears. Fits flexible band to cheeks and nose bridge
   - **N95:**
     - a. Holds respirator in palm of hand and places on face covering nose and mouth
     - b. Pulls upper strap over and places it on the crown of head
     - c. Pulls bottom strap over head and places at base of neck
     - d. Molds the nose piece using pads of fingers over the cheeks and bridge of nose to obtain a tight seal
     - e. Performs a seal check, places both hands completely over the respirator, takes a few deep breaths and feels around the mask to ensure there is no air leaking out, indicating a good seal
     - *If wearing N95, may need to cover with either a face shield or surgical mask to conserve N95*
4. Dons Face Shield or Goggles
   - a. Places over face and eyes and adjusts to fit
5. Dons Gloves
   - a. Extends to cover wrist of gown. Ensures no skin is exposed.

### DOFFING PPE

1. Doffs Gown and Gloves
   - a. Grasps gown in the front and pulls away from body breaking ties & touching outside of gown only with gloved hands
   - b. Folds or rolls the gown inside-out into a bundle
   - c. Peels off gloves as gown removed, touching only the inside of the gloves and gown with bare hands
   - d. Places gown and gloves into waste container
2. Performs Hand Hygiene
3. Removes Face Shield or Goggles (eye protection removed after exiting room/closing door)
   - a. Removes face shield or goggles from the back by lifting head band and without touching the front of them
   - b. Face shields and goggles are cleanable. Disinfects when removed from face with available PDI wipe, stores for reuse. Discards when damaged.
4. Removes Mask or N95/Respirator (respirator removed after exiting room/closing door)
   - **Surgical Mask:**
     - a. Unfastens bottom and then top ties or holds both ear loops and gently removes from face
   - b. Discards surgical mask in waste container
   - **For N95/Respirator:**
     - a. Holds the respirator with dominant hand to maintain position on face. **N95 covered by a face shield or surgical mask is not considered contaminated and holding prevents it from flipping up into eyes.**
     - b. Pulls bottom strap over head, still holding the respirator in position, pulls top strap over head
     - c. Removes from face and places in designated, individually labeled container for personal reuse or decontamination.
5. Performs hand hygiene

### STANDARD PRECAUTIONS & TRANSMISSION BASED PRECAUTIONS

Correctly identifies the appropriate PPE for the following scenarios
- a. Standard Precautions (PPE to be worn based on anticipated exposure*)
- b. Contact/Contact Enteric Precautions (gown & gloves)
- c. Droplet Precautions (surgical mask)
- d. Airborne Precautions (Fit-tested respirator if applicable)

* Examples include: mask for coughing/vomiting patient, goggles/face shield for irrigating draining wound, gown for dressing change if scrubs may touch patient, etc.

**Supervisor Signature:** ________________________________  **Date:** ________________________________